

Smt. K. G. Mittal College of Arts & Commerce

NSS Unit 2023-24

REPORT OF REGULAR ACTIVITIES AND SPECIAL CAMP

NSS (National Service Scheme) Unit of

Smt. K. G. Mittal College of Arts & Commerce works under the light of

Shloka from Bhagavad Gita Chapter 5, Verse 25

॥ सर्वभूतहिते रताः ॥

Stay Devoted to the Welfare of all Beings

The Motto of N.S.S. is

‘NOT ME BUT YOU’

Objective of NSS of our College:

“Holistic development of the Students through Community Service”

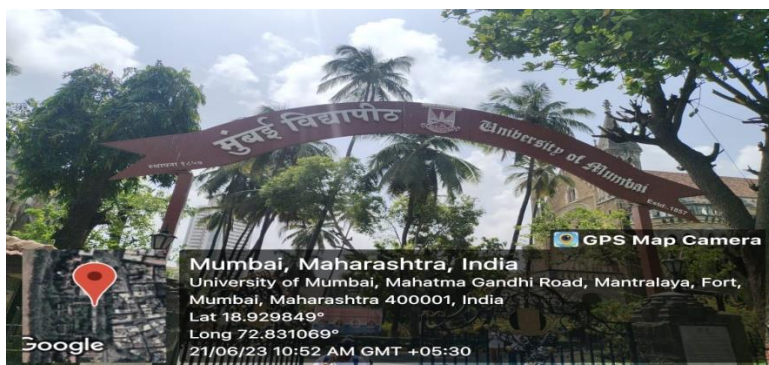
Outcome:

NSS volunteers is the main beneficiary of the program by way of improvement in the quality of life as the NSS Unit of our College have undertaken various activities in the area of Indian Knowledge Systems, Health, Environment, Human Values, Social Awareness, etc. NSS program ensured instilling discipline, developing confidence, cultivating sense of service, enhancement in understanding human nature, promotion of physical fitness, development of culture and development of leadership quality in our NSS volunteers. NSS activities has empowered communities and contributed to national development by addressing varied issues.

REGULAR ACTIVITIES:

1. **University Level Yoga Training Camp:** National Service Scheme Cell, University of Mumbai and Kaivalyadham Yoga Institute had jointly organized four-day yoga training camp from **18th to 21st June 2023** for NSS volunteers of various College of University of Mumbai University at Kaivalyadham, (Near Taraporewala Aquarium) Charni Road. Regular participants who completed the camp successfully were awarded with a Yoga Acquaintance Certificate on 21 June 2023, International Day of Yoga (IDY) at Convocation Hall, Fort, University of Mumbai.

Total Participants: 02 (Male: 01, Female: 01)



2. **International Yog Day (Patanjali Yog Samiti, Mumbai):** Patanjali Yog Samiti, Mumbai had organised Yog Activity to celebrate 9th International Yog Day at Juhu Chowpatty on **18th June 2023** from 6:00 AM onwards.

Total Participants: 03 (Male: 01, Female: 02)



3. **‘ध्यान through Yog’ Session:** NSS Unit in association with Student Development and Enrichment Cell of our College had organised a session on ‘ध्यान through Yog’ for the students of our College on **20th June 2023** from 8:30 AM onwards. Director of our College Dr. Suhasini Arya had conducted the said session.
Total Participants: 80 (Male: 31, Female: 49)





Mumbai, Maharashtra, India

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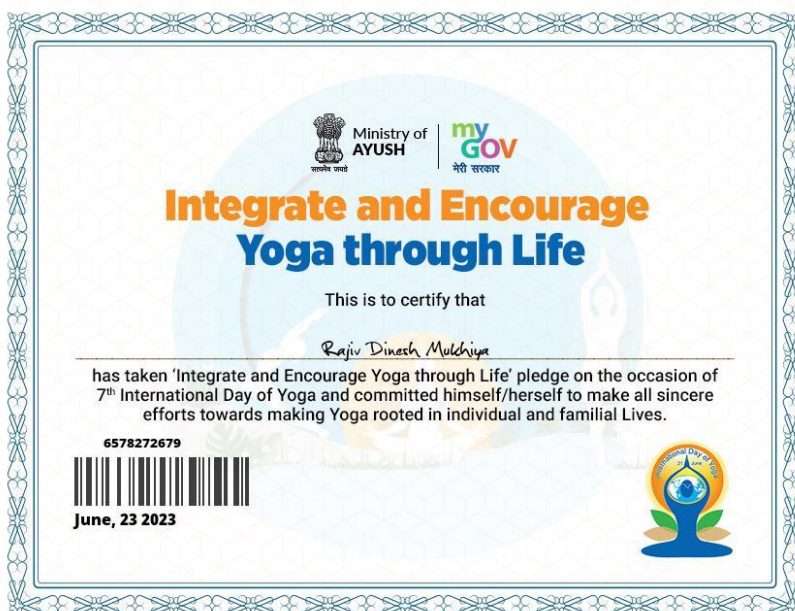
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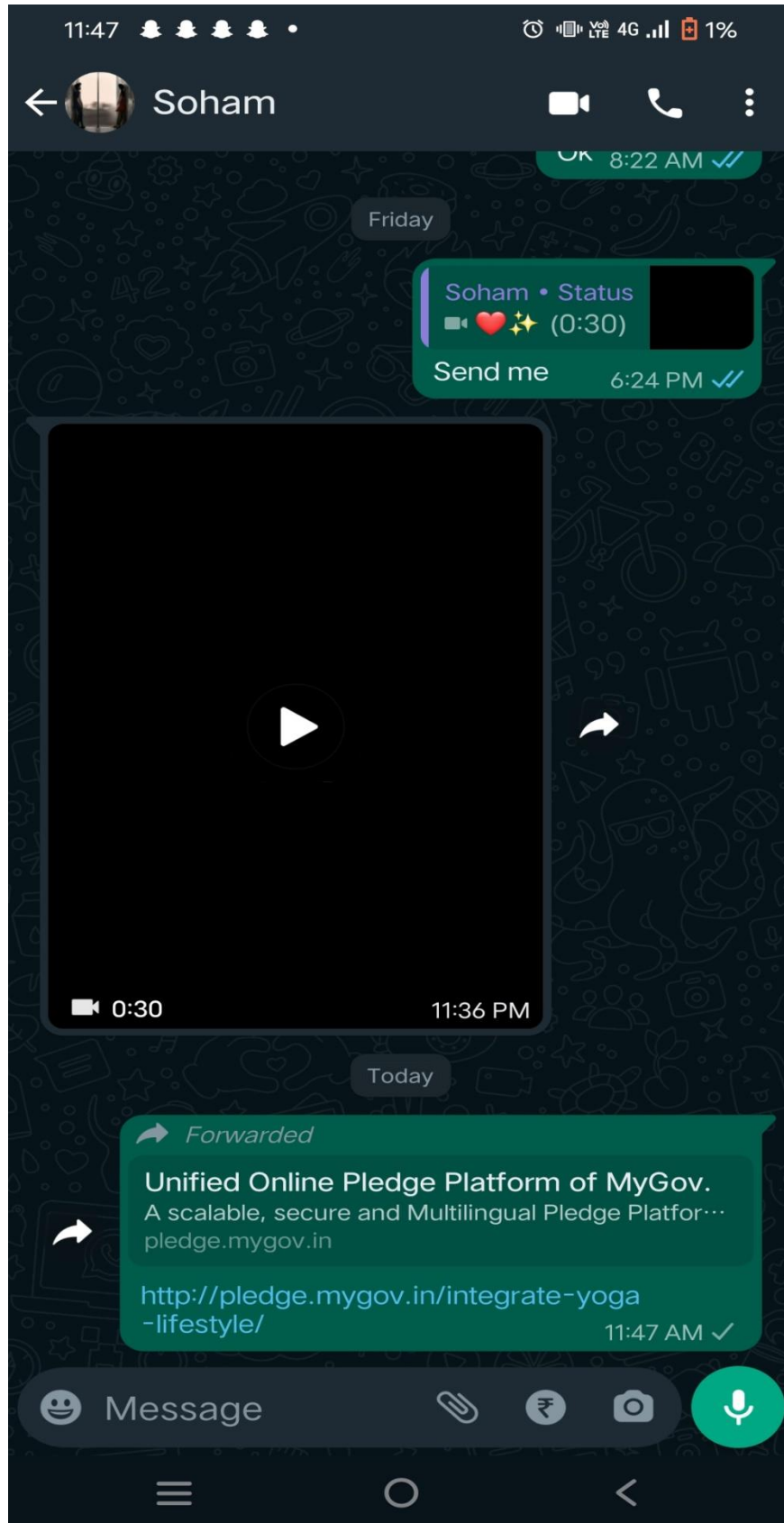
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 20/06/23 09:21 AM GMT +05:30

GPS Map Camera

4. **Yoga Pledge - Ministry of Ayush (myGov):** On account of International Yoga Day as part of 75th Azadi ka Amrit Mahotsav, NSS Unit of our College had participated in Yoga Pledge Taking Activity on the topic 'Integrate and Encourage Yoga through Life' organised by Ministry of Ayush (myGov). The Pledge link was shared with the students. Students had participated in the same by taking pledge and shared the Pledge Link with family members, friends and others in the society. **Date: 20th June 2023** onwards.

Total Participants: 81 (Male: 32, Female: 49)





5. **Yoga Quiz - Ministry of Ayush (myGov)**: On account of International Yoga Day as part of 75th Azadi ka Amrit Mahotsav, NSS Unit of our College had participated in International Day of Yoga 2023 Quiz 2.0 organised by Ministry of Ayush (myGov). The Quiz link was shared with the students. Students had participated in the same and shared the Quiz Link with family members, friends and others in the society. **Date: 20th June 2023** onwards.

Total Participants: 10 (Male: 05, Female: 05)





6. **Yoga Awareness Activity (Social Media Platforms):** NSS Unit of our College had participated in Yoga Awareness Activity to celebrate International Yoga Day as part of 75th Azadi ka Amrit Mahotsav to amplify the impact of Yoga Day in Social Media Platforms. Students did Yoga at home with family members and other members in the society and posted the photo of the same in social media platforms with a caption: 'Yoga with my Family'. **Date: 20th June 2023** onwards.
- Total Participants: 05 (Male: 02, Female: 03)**





7. **Yoga Activity:** NSS Unit in association with Cultural Department of our College had organised Yoga Activity to celebrate International Yoga Day as part of 75th Azadi ka Amrit Mahotsav on **21st June 2023**. Experts from Maharshi Patanjali Yog Mandal were invited to conduct the said session.

Total Participants: 92 (Male: 42, Female: 50)





8. **Poster Making Activity (Importance of Yoga):** NSS Unit of our College had organised Poster Making Activity on the topic 'Quotes on Importance of Yoga' to celebrate International Yoga Day as part of 75th Azadi ka Amrit Mahotsav on **21st June 2023**.

Total Participants: 75 (Male: 34, Female: 41)



9. **Yog Jagriti Abhiyaan:** NSS Unit of our College had organised Yog Jagriti Abhiyaan to celebrate International Yoga Day as part of 75th Azadi ka Amrit Mahotsav on **21st June 2023**. NSS volunteers of our college distributed handmade posters on the topic 'Quotes on Importance of Yoga' and distributed the same in the neighbouring area to spread awareness about Importance of Yoga.

Total Participants: 06 (Male: 02, Female: 04)



10. Drug Abuse Awareness Session: NSS Unit of Smt. K. G. Mittal College of Arts & Commerce had organized awareness session for the students on **23rd June 2023** to celebrate the International Day against Drug Abuse and Illicit Trafficking and contributed towards making the society free of drug abuse. Mrs. Disha Prakash Kalambe, Mumbai Upnagar District Coordinator of Nashabandi Mandal Maharashtra Rajya conducted the said session.

Total Participants: 69 (Male: 30, Female: 39)



11. Poster Making Competition (Against Drug Abuse): NSS Unit of Smt. K. G. Mittal College of Arts & Commerce had organized Poster Making Competition for the students on **23rd June 2023** to celebrate the International Day against Drug Abuse and Illicit Trafficking and contributed towards making the society free of drug abuse.

Total Participants: 69 (Male: 30, Female: 39)





12. Pledge Taking Activity (Against Drug Abuse): NSS Unit of Smt. K. G. Mittal College of Arts & Commerce had organized Pledge Taking Activity for the students on **23rd June 2023** to celebrate the International Day against Drug Abuse and Illicit Trafficking and contributed towards making the society free of drug abuse. Mrs. Disha Prakash Kalambe, Mumbai Upnagar District Coordinator of Nashabandi Mandal Maharashtra Rajya was invited for the said activity.

Total Participants: 69 (Male: 30, Female: 39)



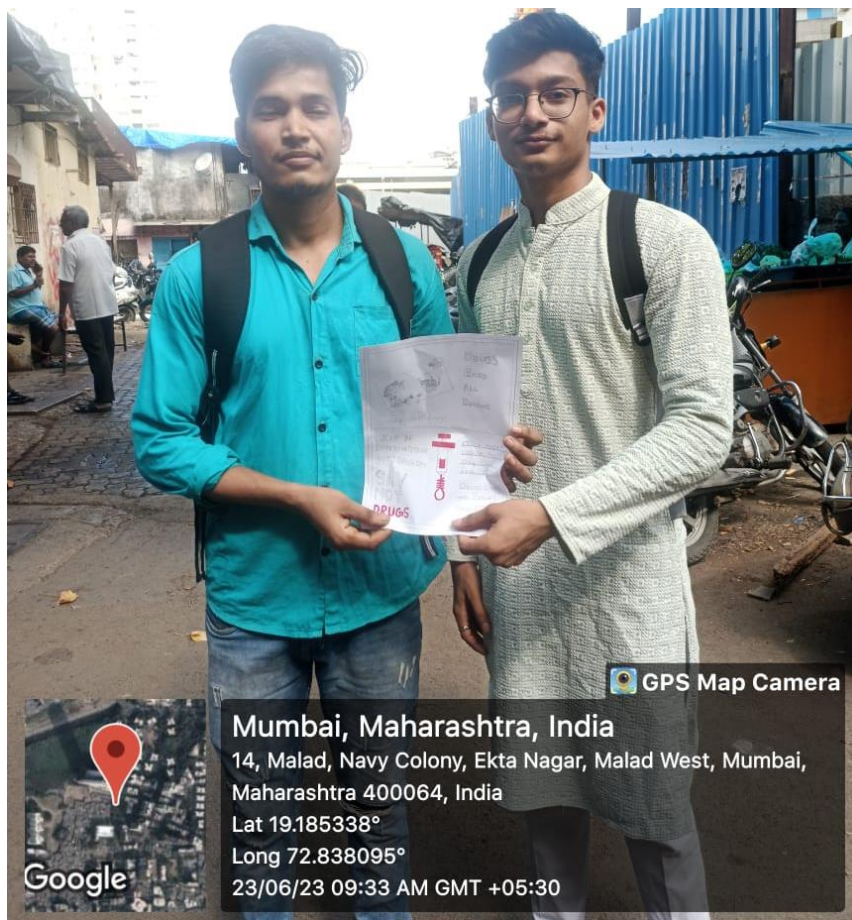
13. Awareness Rally (Against Drug Abuse): NSS Unit of Smt. K. G. Mittal College of Arts & Commerce had organized awareness rally on **23rd June 2023** to celebrate the International Day against Drug Abuse and Illicit Trafficking and contributed towards making the society free of drug abuse. Principal Dr. Shagun Srivastava and Mrs. Disha Prakash Kalambe, Mumbai Upnagar District Coordinator of Nashabandi Mandal Maharashtra Rajya flagged off the said rally.

Total Participants: 69 (Male: 30, Female: 39)



14. Awareness Activity (Against Drug Abuse): NSS Unit of Smt. K. G. Mittal College of Arts & Commerce had organized awareness activity in which posters were distributed amongst the youth in the college neighboring area on **23rd June 2023** to celebrate the International Day against Drug Abuse and Illicit Trafficking.

Total Participants: 69 (Male: 30, Female: 39)



15. Plenary Talk: University of Mumbai, NEP Cell, UGC HRDC and IQAC in collaboration with RUSA, Maharashtra had jointly organized a Plenary talk on **24th July 2023** on ‘Indian Knowledge System (IKS): Time to Reclaim the lost Ground?’ under NEP 2020 Implementation Celebration Week. Plenary Speaker was Prof. B. Mahadevan, Professor, Indian Institute of Management, Bangalore.

Total Participants: 02 (Male: 02)


 University of Mumbai
NEP CELL, UGC HRDC and IQAC
 In collaboration with
RUSA, Maharashtra
 Jointly organize


Plenary Talk
 on
**'Indian Knowledge System (IKS):
 Time to Reclaim the Lost Ground?'**
 under
NEP 2020 Implementation Celebration Week

Plenary Speaker:
Prof B. Mahadevan
 Professor, Indian Institute of Management, Bangalore

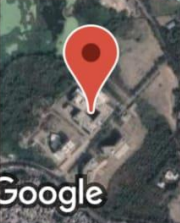
Monday, July 24, 2023
Time: 3.30 p.m. to 5.30 p.m.

**Venue: Green Technology Auditorium, Vidyanagari,
 Kalina, Santacruz (E), University of Mumbai**

Respected Members of the Academic Council and Board of Studies of
 University of Mumbai, Head, Faculty Members and Students of
 University Academic Departments and Principals, Directors,
 Management Representatives and Students of Colleges Affiliated to
 University of Mumbai are cordially invited to attend the plenary session.

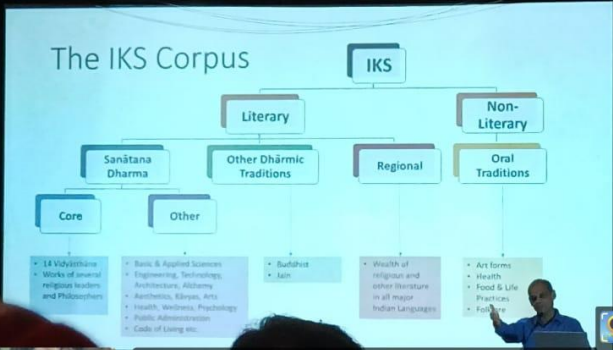


University of Mumbai



Google

The IKS Corpus



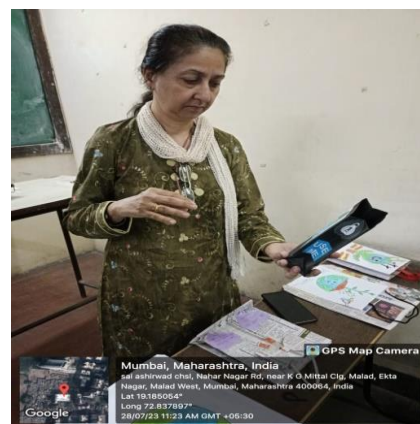
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Mumbai, Maharashtra, India

University Dept of Biophysics, 3V93+CWM, Vidyanagari Campus, Kalina,
 Santacruz East, Kolivery Village, University of Mumbai, Vidya Nagari, Kalina,
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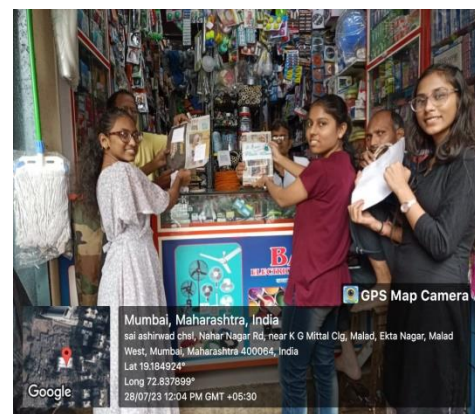
16. Paper Bag Making Competition: On 27th July 2023, NSS Unit of Smt. K. G. Mittal College of Arts & Commerce had organized Paper Bag Making Competition to celebrate World Paper Bag Day (12th July 2023) and thereby contribute towards promoting the significance of utilizing paper bags instead of plastic bags. Students were required to make a Paper Bag very importantly with a message on 'Nature Conservation' on it.

Total Participants: 20 (Male: 5, Female: 15)



17. Paper Bag Distribution Activity: NSS Unit of Smt. K. G. Mittal College of Arts & Commerce had organized Paper Bag Distribution Activity on 28th July 2023 to celebrate World Nature Conservation Day to spread awareness about the need for preserving the environment and take care of Mother Nature. Students in groups along with NSS leader had gone for distribution of paper bags in the neighbouring area.

Total Participants: 25 (Male: 9, Female: 16)



18. Kargil Vijay Diwas: On **28th July 2023**, Student Development and Enrichment Cell and NSS Unit of our College celebrated Kargil Vijay Diwas (which is celebrated on 26th July every year) to honour the Kargil War's Fighters. Paragraph Writing Activity was organised in which students did write a paragraph on bravery and sacrifice made by Bhartiya Soldiers during the war and also about India's victory in the Kargil War in 1999. 'Ae Mere Watan Ke Logo' a song by Late Shri Lata Mangeshkar was also played during the activity. A salutation was given to the soldiers to thank them for their unconditional commitment and dedication towards 'Maa Bharat' our Motherland.

Total Participants: 96 (Male: 54, Female: 42)



19. Yuva Samvad Karyakram (Mahsool Saptah): On **3rd August 2023** Yuva Samvad Karyakram was organized at Chetana College by University of Mumbai. Hon. Education Minister and the Collector of Mumbai Suburban had Yuva Samvad with the volunteers who were then appointed as Mahsool Doot.

Total Participants: 2 (Male: 1 , Female:1)



20. Eco-Friendly Rakhi Making Competition: On 7th August 2023 NSS Unit of our College had organized Eco-Friendly Rakhi Making Competition to create awareness about Nature Conservation.

Total Participants:- 12 (Male: 3, Female:9)



21. UDYAM FEST: On 8th, and 9th August 2023, NSS Unit, Student Development and Enrichment Cell & Department of Commerce In association with Entrepreneurship Cell of our College had organized UDYAM Fest in order to enhance creative, entrepreneurial and marketing skills of our students. Eco-Friendly Rakhis and other articles were sold by the students.

Total Participants:- 21 (Male:12 , Female:9)





22. PANCHPRAN- MERI MAATI MERA DESH (Pledge Taking Activity): NSS Unit of our college had organized Meri Maati Meri Desh Pledge Taking Activity on **9th August 2023** as per the instructions of the Central Government. Students participated actively in the same.

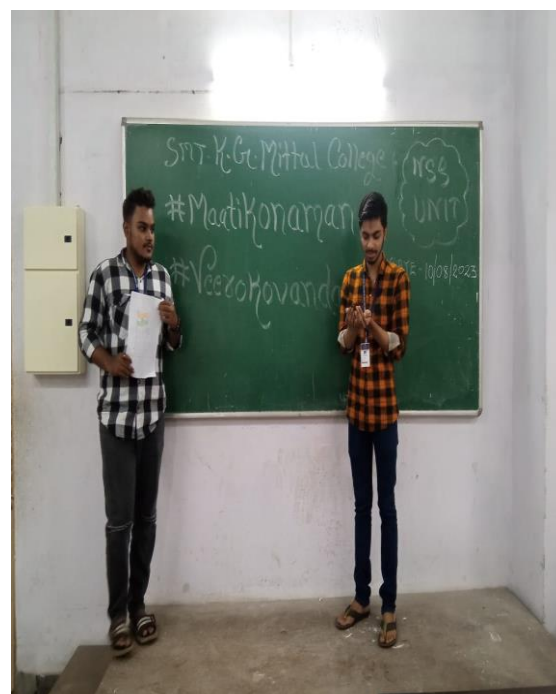
Total Participants: 21 (Male: 11, Female: 10)



23. Meri Maati Mera Desh - Poster making on Maati ko Naman aur Veero ko Vandan:

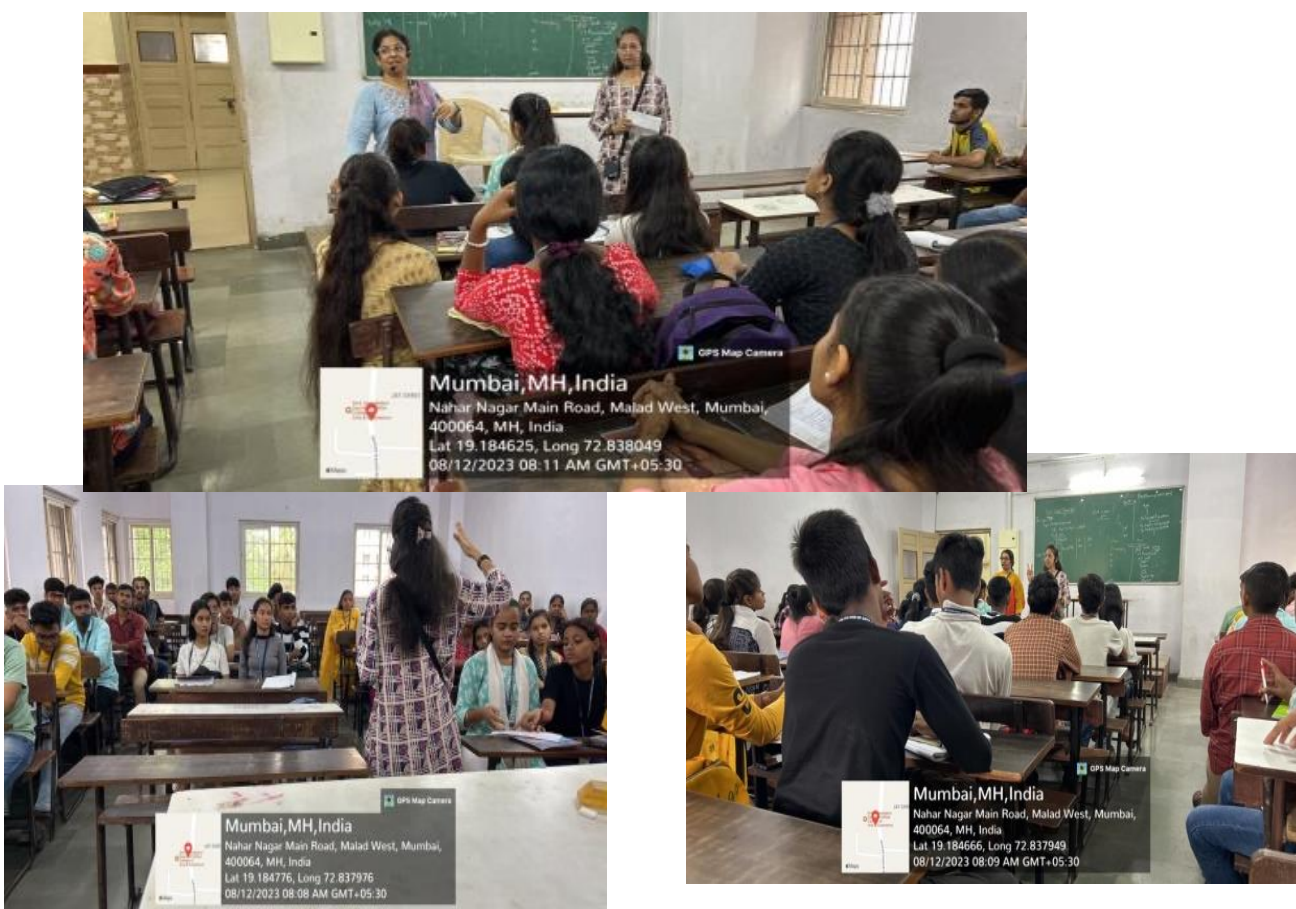
NSS Unit of our College had organized Meri Maati Mera Desh - Poster making on Maati ko Naman aur Veero ko Vandan activity on **10th August 2023**.

Total Participants: 42 (Male: 17, Female: 25)



24. Anti-Ragging Day:- UGC has decided that from this year Anti Ragging Day would be observed on **12th August** followed by Anti Ragging Week from **12th to 18th August 2023**. To increase the awareness against ragging, NSS Unit in association with Anti-Ragging Cell of our College had organized Orientation Programme on Anti Ragging for F. Y. B. Com. Students.

Total Participants:- 55 (Male:-25, Female:-30)



25. Majhi Maati Majha Desh Rally: The Rally on **Majhi Maati Majha Desh** was organized by K.E.S. Shroff College of Arts and Commerce in Association with BMC R/South Ward On **14th August 2023**. NSS volunteers of our College had participated in the same.

Total Participants :-33(Male:-18,Female:-15)



26. MAJHI MAATI MAJHA DESH - Tree Plantation Activity: Adarsh Nagar MPS School, K. W. Ward (Jogeshwari), had organized Tree Plantation activity as a part of MAJHI MAATI MAJHA DESH Programme on **14th August 2023**. 75 saplings were planted on the said occasion. Our volunteers participated in the same.

Total Participants : 2 (Male:-1, Female:-1)



27. Flag Decoration Activity: On 14th August 2023, NSS Unit of our College had organized Flag Decoration Activity as a part of Azadi ka Amrut Mahotsav and Celebration of India's G20 Presidency.

Total Participants : 10 (Male:-3, Female:-7)



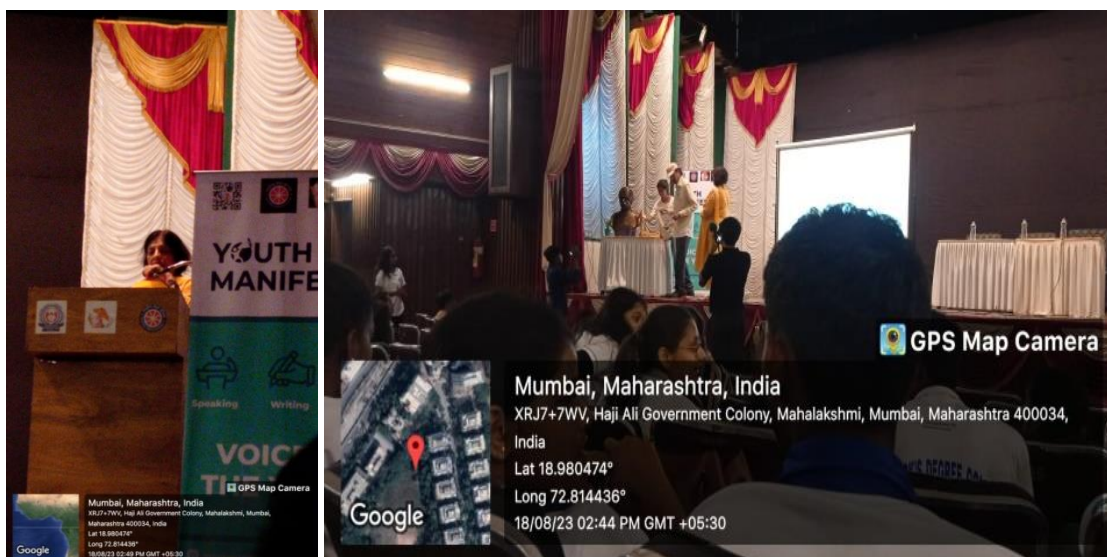
28. GHAR GHAR TIRANGA: NSS Unit of our College had celebrated Independence Day and participated in Har Ghar Tiranga campaign as a part of Azadi ka Amrut Mahotsav and Celebration of India's G20 Presidency. Teachers and students hoisted flag in their home and nearby area on 14th and 15th August 2023.

Total Participants :-11 (Male:-4, Female:-7)



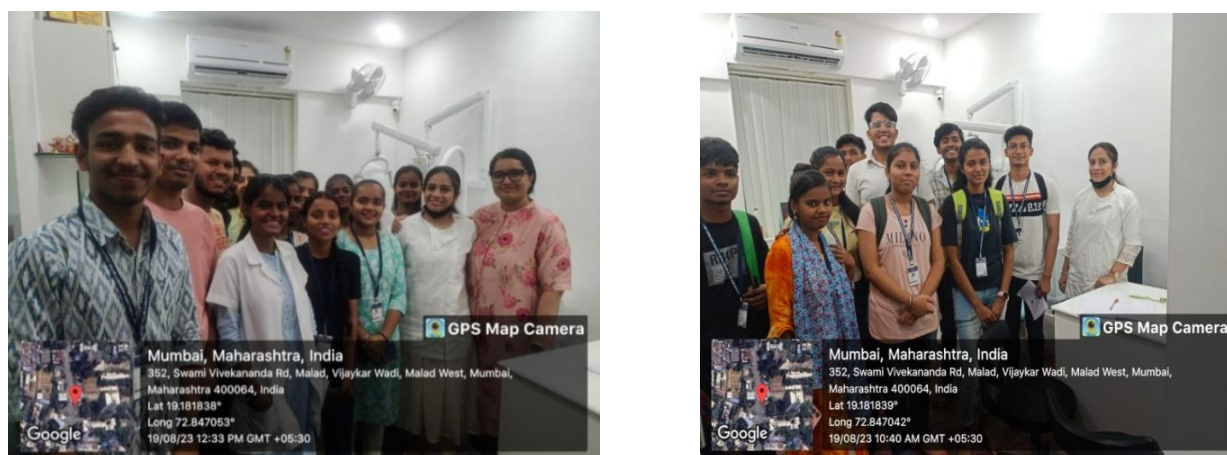
29. Youth Manifesto Forum Induction Programme: On 18th August 2023, a collaborative movement was orchestrated by NSS and MYP (Mark your Presence) Community which was poised to shape the course of Mumbai's future. To tackle pressing challenges and nurture aspirations across vital domains, encompassing public health, environmental and urban infrastructure a dedicated youth forum was formed and engaging public dialogues was initiated.

Total Participants :-2 (Male:-2)



30. Free Dental Awareness and Check-Up Activity: On 19th August 2023, NSS Unit of our College had organized Free Dental Check-Up Activity in association with Dental Surgeon Dr. Jaishree Jain (Hope Polyclinic). Volunteers created Dental Awareness in the nearby area which was very beneficial as stated by the people in their area.

Total Participants :-34 (Male:-15, Female:-19)



31. Chandrayan - 3 Successful Landing Celebration:- On 24th August 2023, NSS Unit of our College had celebrated successful landing of Chandrayaan -3. Students were made to participate in sharing information about Chandrayaan-3 Successful Mission by the Indian Space Research Organisation and valuable learning from the said Mission.

Total Participants:-49 (Male:-22,Female:-27)



32. Eco-Friendly Ganpati Workshop Visit: - On 26th August 2023, NSS volunteers of our College had participated in Eco-Friendly Ganpati Workshop Visit which was organized by Green Club of our College. Volunteers created Awareness on Importance of Eco-Friendly Ganpati in the nearby area.

Total Participants:-49 (Male:-22, Female:-27)



33. Bird Feeder Distribution: - On 29th August 2023, NSS Unit of our College had organized Bird Feeder Distribution activity in the adopted area (Mota Pada). Bird Feeder was made by our students out of waste material.

Total Participants: - 11(Male - 5 Female - 6)



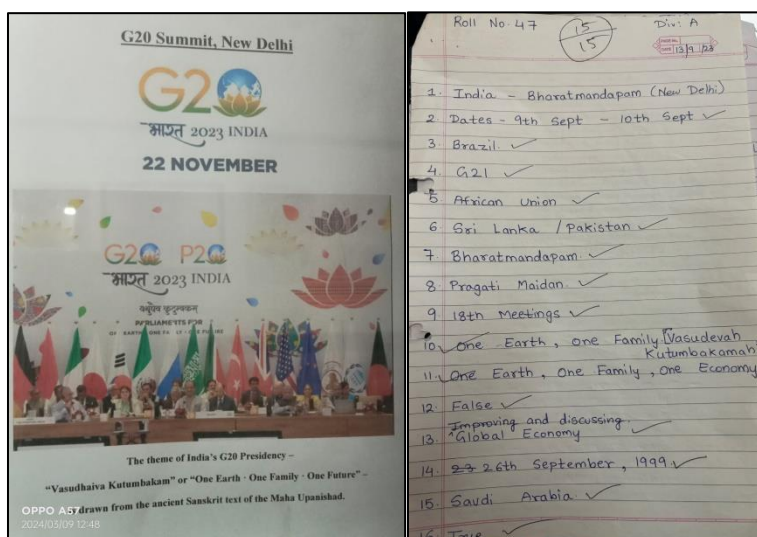
34. Awareness of RAILWAY E-TICKET UTS APP - On 2nd September 2023, NSS Unit had organized RAILWAY E-TICKET UTS APP Awareness and Downloading Activity for all the students in the college. NSS Volunteers did create awareness of the same in their vicinity.

Total participant - 194 (Male – 84, Female -110)



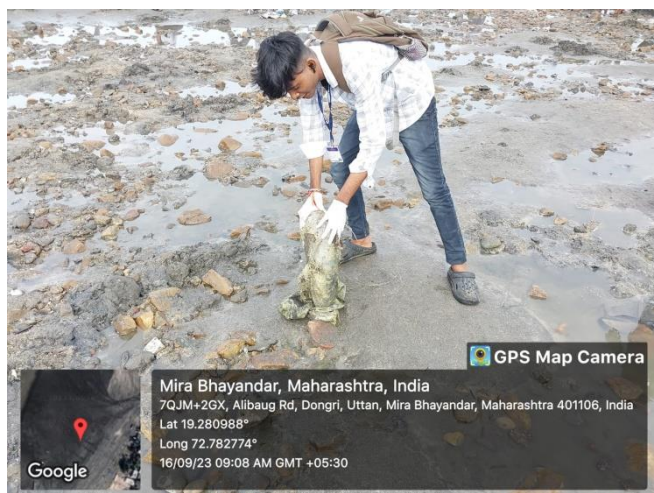
35. G20 Quiz: The 18th G20 Summit was successfully conducted at Bharat Mandapam in New Delhi during 9-10 September, 2023. It was a culmination of all the G20 processes and meetings held throughout the year among ministers, senior officials, and civil societies. NSS Unit of our College organised G20 Quiz Activity on 13th September 2023 to ensure that our students are aware about the highlights and importance of India holding the G20 presidency in 2023.

Total: 11 (Male - 04, Female - 07)



36. MEGA BEACH CLEANUP DRIVE :- On 16th September 2023, University of Mumbai had organized Mega Beach Cleanup Drive to celebrate International Coastal Cleanup Day at Uttan Beach, Mira Bhayandar.

Total Participants: - 3 (Male:3)



37. Awareness on Jaipur Foot and Modular Caliper Distribution - NSS volunteers of our college participated and created awareness on Jaipur Foot and Modular Caliper Distribution organized by Bharat Vikas Parishad from 28.08.2023 to 14.09.2023 in the neighbouring area.

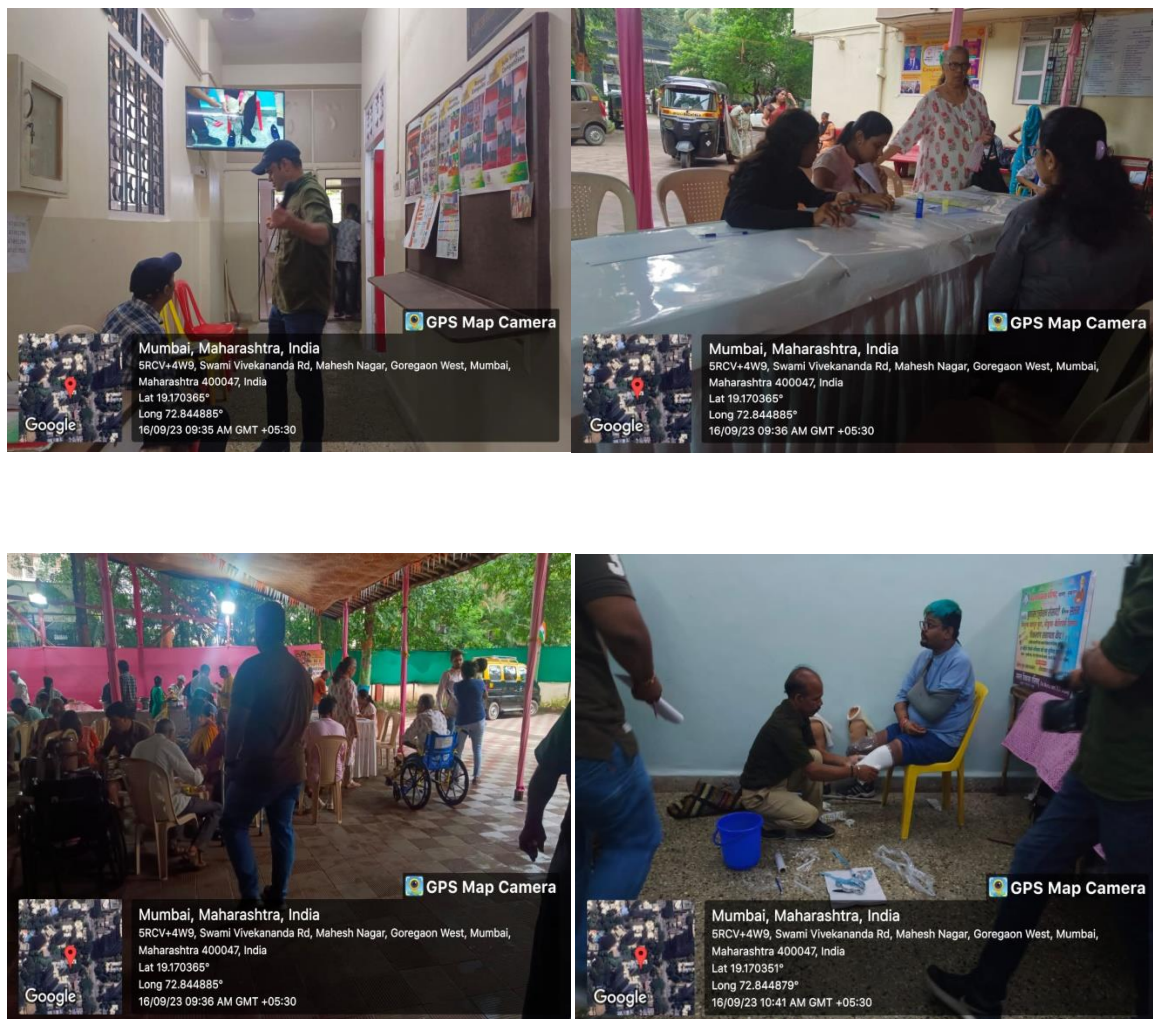
Total Participant: - 3 - (Male:- 1, Female:-2)





38. Jaipur Foot and Modular Caliper Distribution Activity - On 16th September 2023, Bharat Vikas Parishad had organized Jaipur Foot and Modular Caliper Distribution activity at Punarvas Education Society, Goregaon West. Our College NSS Volunteers had volunteered in the said activity.

Total Participant:-3 (Male:-1, Female - 2)



39. Inculcation of Cultural Values (Ganpati Festival) - In order to cultivate cultural values in our students, NSS Unit of our College had organised Ganpati Festival Celebration on **18th September 2023**. Various competitions such as Poster making, Model making, ecofriendly Ganpati making & Aarti thali decoration competition were organized.

Total: - 72 (Male - 37, Female -35)



40. Meri Maati, Mera Desh Activity: On 26th September 2023, NSS unit of our college had organised Meri Maati Mera Desh activity to honor the brave hearts who sacrificed their lives for the freedom of the country. Selfies were uploaded on the link provided by NSS Cell, University of Mumbai.

Total: - 15 (Male -13, Female -2)



41. Gender Sensitization Awareness Campaign - On 27th September 2023, NSS unit of our college had organised a Guest Lecture on Gender Sensitisation as a part of NSS publicity week. The purpose of this activity was to create awareness among our students regarding Gender Equality.

Total -64 (Male -33, Female - 31)



42. Swachh Bharat Abhiyaan (Cleanliness Drive) - On 28th September 2023, NSS unit of our college had organised cleanliness drive in the neighbouring area.

Total -9 (Male - 5, Female - 4)



43. Meri Maati, Mera Desh Activity: On 29th September 2023, NSS unit of our college had organised Meri Maati Mera Desh activity to honor the brave hearts who sacrificed their lives for the freedom of the country.

Total -18 (Male - 10, Female - 8)



44. Environment conservation Awareness Activity: On 29th September 2023, NSS unit of our college had organised poster making competition on the topic 'Say No to Plastic'. Students were made aware about the harmful effects of using plastic and need of plastic free society.

Total -10 (Male -5, Female - 5)



45. De-addiction Awareness Campaign - On 30th September 2023, NSS unit of our college had organised a debate on De-addiction as a part of NSS publicity week. The purpose of this activity was to create awareness among our students regarding the demerits of addiction in life.

Total -22 (Male -15, Female -7)



46. Shramdaan Swachhta Hi Sewa uploading the photos on Swachhta portal - On 1st October 2023, NSS Cell, University of Mumbai had organised Shramdaan Swachhta Hi Sewa (Cleanliness Drive) Activity from 10:00 AM to 11:00 AM as stated by Ministry of Housing and Urban Affairs, Government of India.

Total -16 (Male -8, Female -8)



47. Swachhta Hi Sewa (SHS) – Activity - On 1st October 2023, NSS unit of our college had uploaded the photos of Swachhta Hi Sewa (Cleanliness Activity) done on 1st October 2023 from 10:00 AM to 11:00 AM as stated by Prime Minister of Bharat.

Total -8 (Male - 4, Female -4)



48. Bhajan Sandhya - “Bhajan Sandhya” was organised by NSS Cell, University of Mumbai on the occasion of Gandhi Jayanti and International Day of Non-Violence programme on **2nd October 2023** at Gateway of India, Mumbai.

Total -10 (Male -3, Female - 7)



49. Selfie with Meri Maati Activity: On 17th October 2023, NSS Cell, University of Mumbai had organised Selfie with Meri Maati activity. NSS unit of our college uploaded 101 selfies with Meri Maati to honor the brave hearts who sacrificed their lives for the freedom of the country and also to support NSS Cell, University of Mumbai to mark a record in Guinness book of world record.

Total -19 (Male -8, Female -11)



50. Inculcation of Cultural Values (Navratri Festival) - In order to cultivate cultural values in our students, NSS Unit of our College had organised Navratri Festival Celebration on **17th October 2023** (+ Preparation on previous days). Various competitions such as Best Leadership, Garba Dance Competition and Best Costume Competition were organised.

Total – 34 (Male -11, Female -23)



51. Fit India Campaign- On 18th October 2023, NSS Unit of our College had organised Fit India Activity. Yoga poses and tips were taught by Dr. Navnita Megnani, NSS Programme Officer of our College to our students as a part of Fit India Campaign.

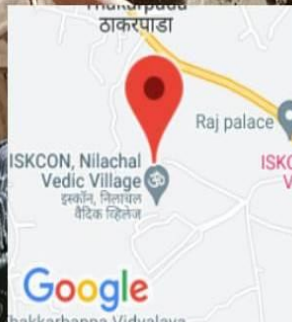
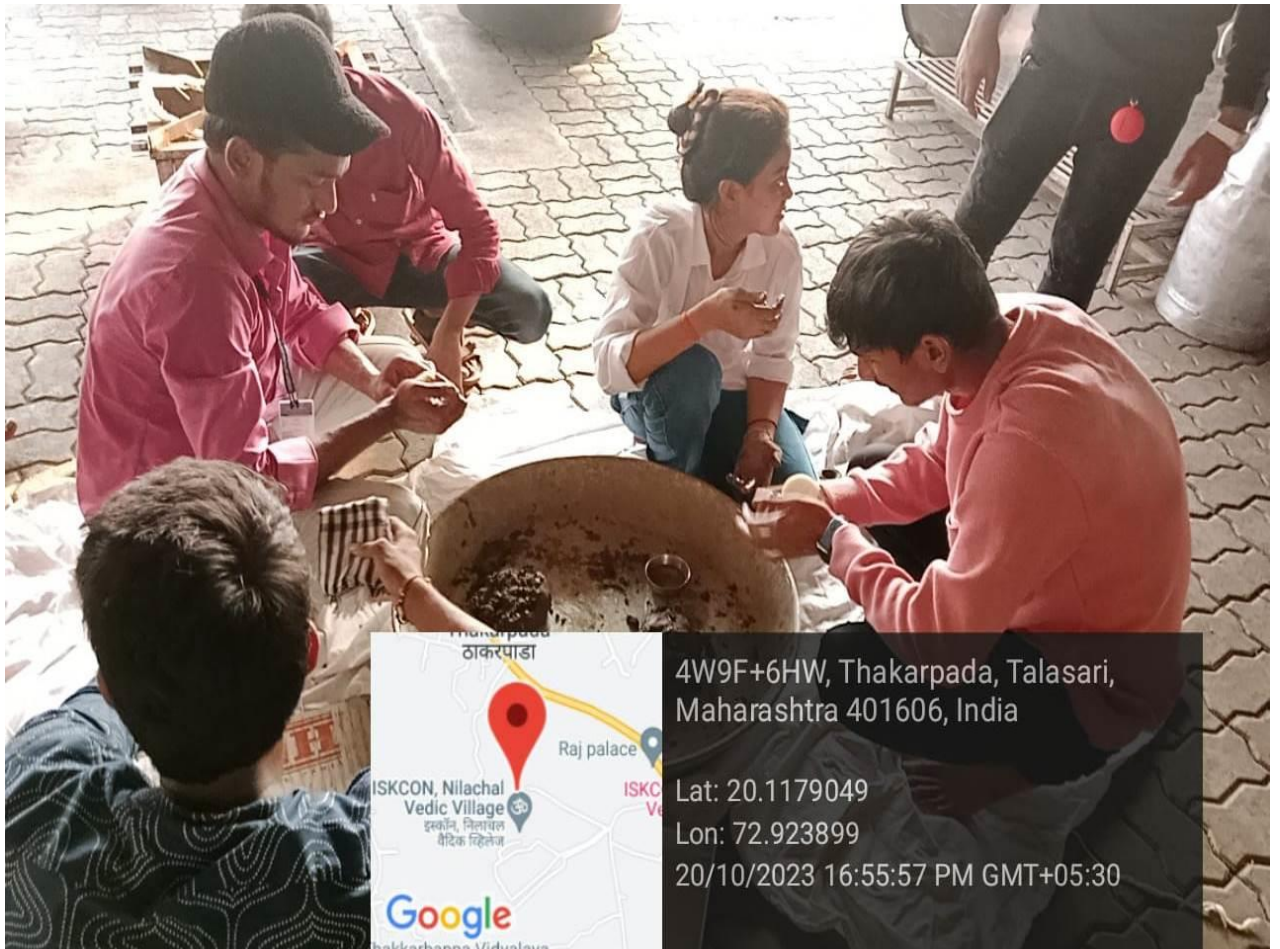
Total -11 (Male - 6, Female - 5)



52. NSS 2 Day Residential Camp - NSS Unit, Commerce Department and Student Development & Enrichment Cell of our College had organised NSS 2 Day Residential Camp at Nilachal Vedic Village on 20th and 21st October 2023 as a step towards Indian Knowledge System IKS of National Education Policy. Imparting Skill and Value Based Education was the core purpose of this Camp.

Total - 68 (Male - 42, Female - 26)





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Maharashtra 401606, India

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Lon: 72.923899

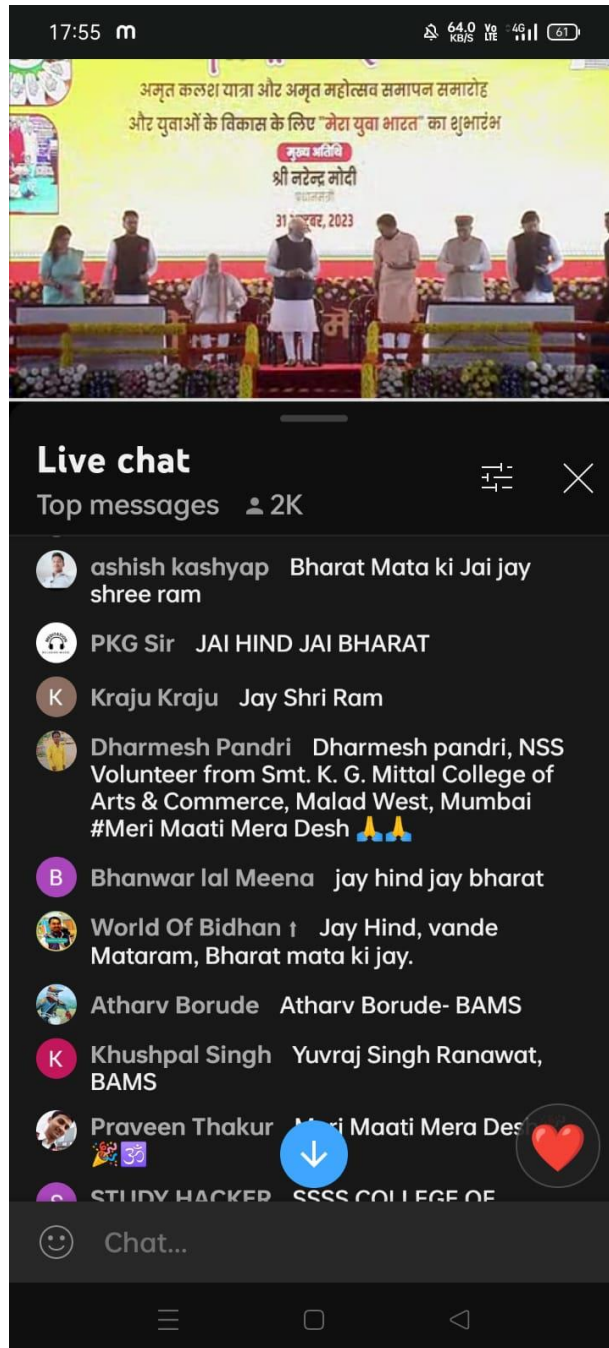
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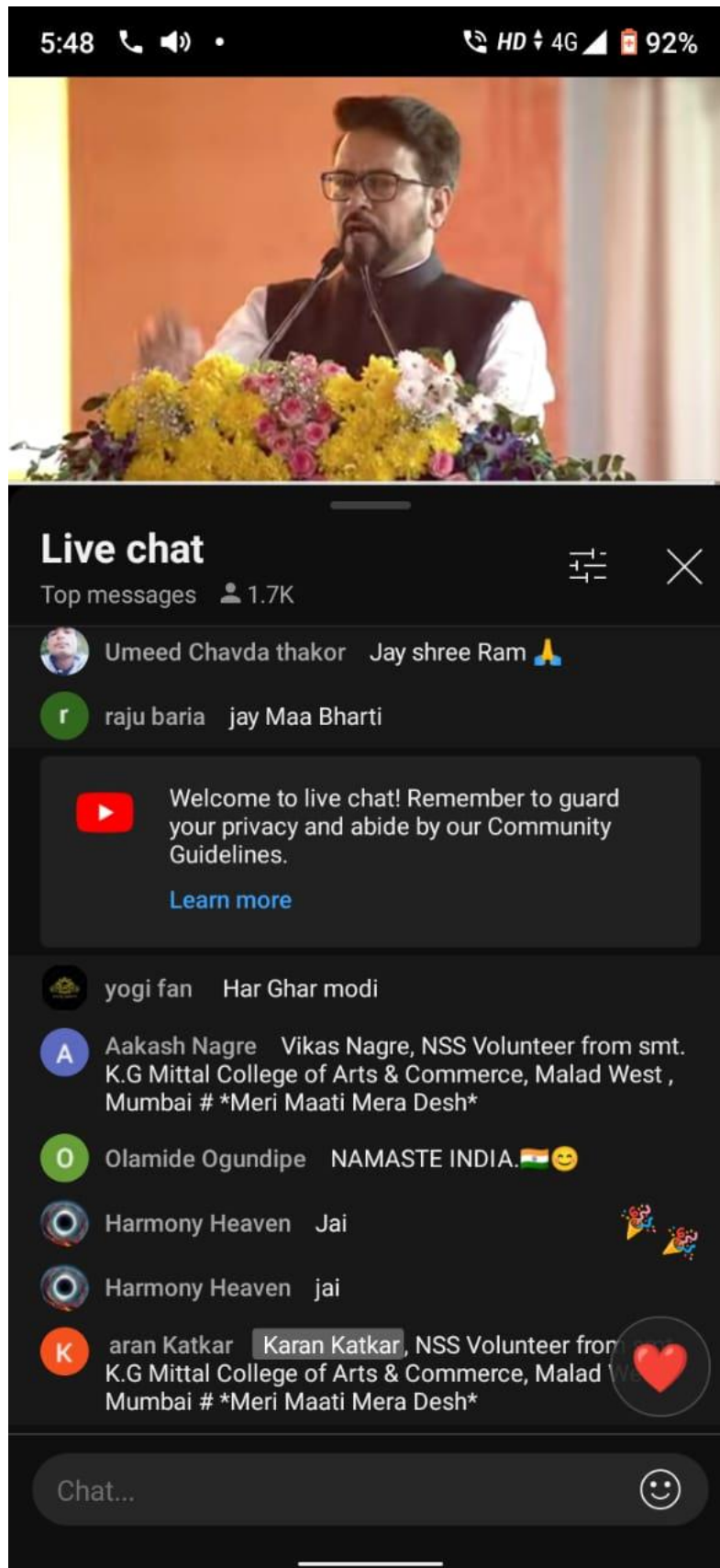


53. Amrit Kalash Yatra (Culmination Ceremony) – On 31st October 2023, NSS Volunteers of our College actively attended Amrit Kalash Yatra (Culmination Ceremony) addressed by Prime Minister of Bharat, Shri Narendra Modi. The link and other details were provided by NSS Cell, University of Mumbai.

Total -29 (Male -14, Female –15)

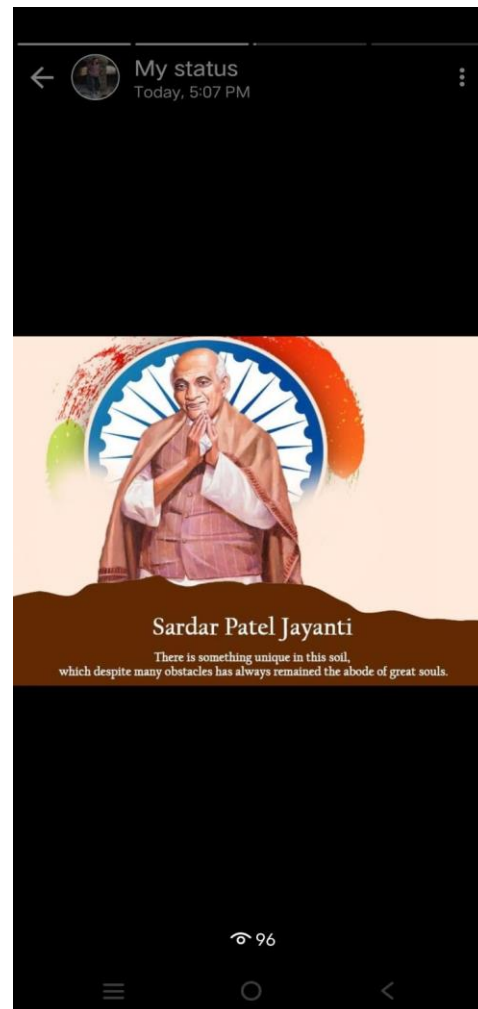
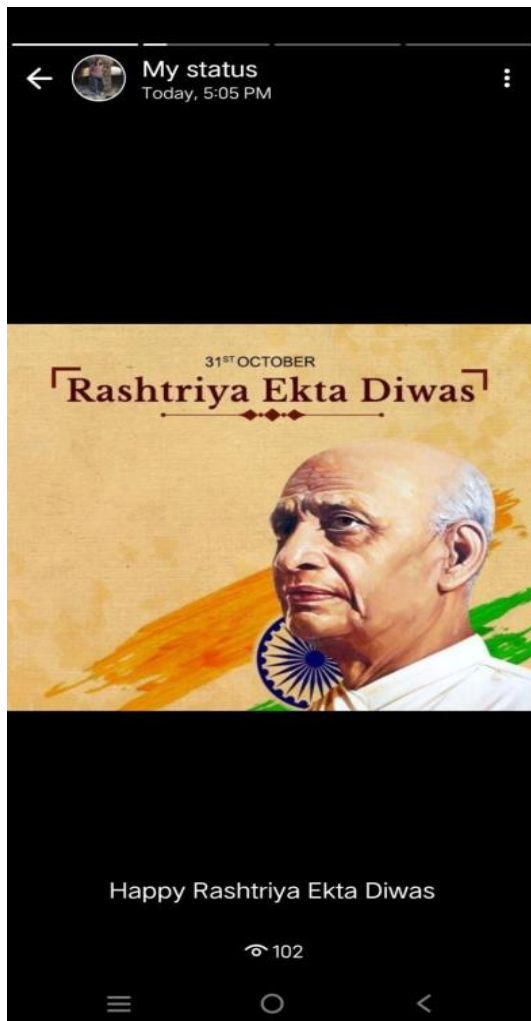






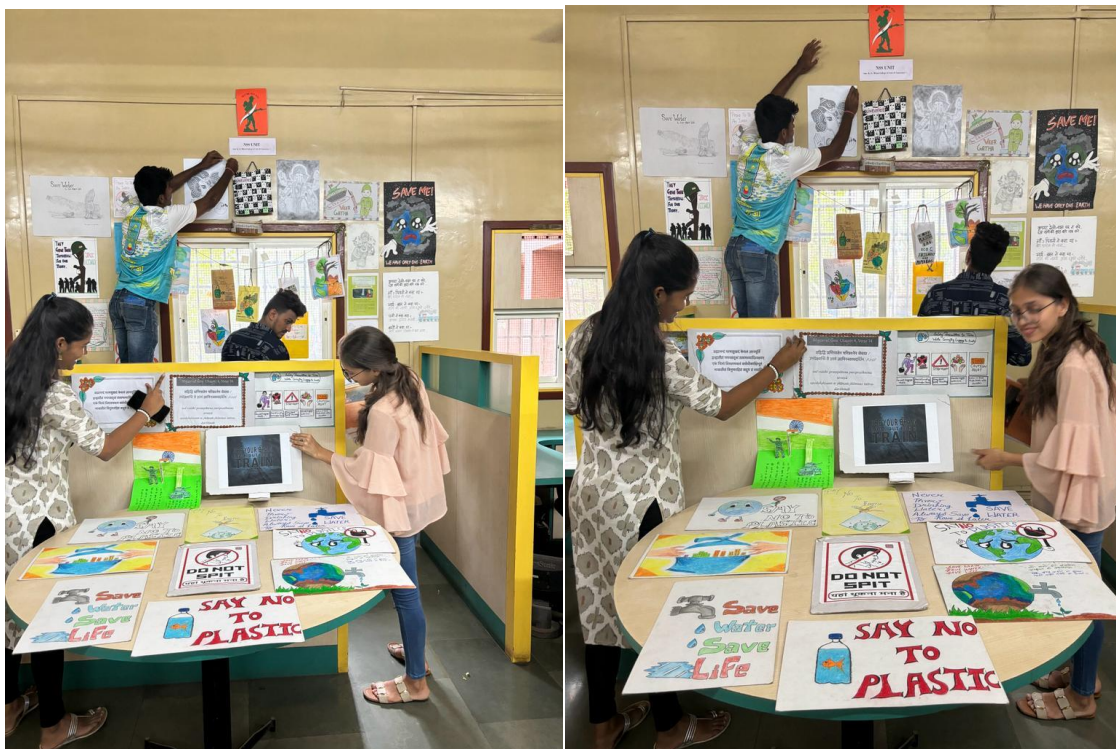
54. National Unity Day: Sardar Vallabhbhai Patel Jayanti - On 31st October 2023, NSS Unit of our College celebrated National Unity Day: Sardar Vallabhbhai Patel Jayanti by spreading the enlightening thoughts of Shri Sardar Vallabhbhai Patel through WhatsApp Status and through other social media means.

Total -31 (Male -15, Female -16)



55. NAAC (NSS) Activity - On 8th November 2023, NSS volunteers of our college participated in displaying NSS activities for NAAC visit.

Total -8 (Male -3, Female -5)



Mumbai
8 November 2023 3:06 PM Edit



56. Constitution day - To celebrate Constitution Day of India on 26th November 2023 NSS unit of our college had participated in 'Read the Preamble' the Preamble activity on **27th November 2023** organised by Ministry of Social Justice and Empowerment, Government of India as a part of 70th Azadi ka Amrit Mahotsav and G20 on mygov portal. Participating students were awarded certificate by Ministry of Social justice and Empowerment, Government of India.
Total – 31 (Male -11, Female -20)



57. NAAC (NSS) Activity - On 1st December 2023, NSS volunteers of our college participated in displaying NSS activities for NAAC visit.
Total -5 (Male -1, Female -4)



58. NAAC (NSS) Activity - On 2nd December 2023, NSS volunteers of our college participated in displaying NSS activities for NAAC visit.

Total -5 (Male -1, Female -4)



59. NAAC (NSS) Activity - On 4th December 2023, NSS volunteers of our college volunteered on the day of NAAC visit.

Total – 5 (Male -1, Female -4)

60. Viksit Bharat@2047: NSS Unit in association with Student Development and Enrichment Cell of our College had participated in Viksit Bharat@2047 - Voice of Youth on **11th December 2023** at 10:30 AM by Hon'ble Prime Minister of Bharat (pmindiawebcast.nic.in) in the auditorium through YouTube platform. Feedback of the students was taken at the end of the session.

Total Participants: 82 Students (Male - 28, Female - 54)

2 Faculty Members: NSS Programme Officers (Female- 2)





Mumbai, Maharashtra, India

5RMQ+P6X, Nahar Nagar Rd, Malad, Navy Colony, Ekta Nagar, Malad West, Mumbai, Maharashtra 400064, India

Lat 19.184429° Long 72.837935°

11/12/23 11:12:58 AM





Mumbai, Maharashtra, India

5RMQ+V53, Nahar Nagar Rd, opp. Jain temple, behind Navy colony,
Malad, Ekta Nagar, Malad West, Mumbai, Maharashtra 400064, India
Lat 19.184474°
Long 72.837841°
11/12/23 10:43 AM GMT +05:30

61. Polio Vaccination Drive (Training Program): NSS volunteers of our College had attended training program to participate in Government's National Polio Vaccination Program (Pulse Polio Immunization Programme) on **8th December 2023**.

Total -11 (Male -7, Female -4)



62. Polio Vaccination Drive Day 1 (10th December 2023): NSS unit of our College participated in Government's National Polio Vaccination Program (Pulse Polio Immunization Programme) starting from 10th December 2023 till 15th December 2023.

Timing: 9:00 AM to 4:00 PM.

Participating volunteers were be given Rupees 95/- for each day as allowance as stated by BMC. For this, volunteers attended Polio Vaccination Training Program.

Total -10 (Male -5, Female -5)



GPS Map Camera



Mumbai, Maharashtra, India

D Mart Malad West, Malad, Mindspace, Malad West, Mumbai,
Maharashtra 400064, India

Lat 19.186231°

Long 72.835694°

10/12/23 10:10 AM GMT +05:30



63. Polio Vaccination Drive Day 2 (11th December 2023): NSS unit of our College participated in Government's National Polio Vaccination Program (Pulse Polio Immunization Programme) starting from 10th December 2023 till 15th December 2023.

Timing: 9:00 AM to 4:00 PM.

Participating volunteers were be given Rupees 95/- for each day as allowance as stated by BMC.

For this, volunteers attended Polio Vaccination Training Program.

NSS Volunteers has reached 2490 + houses for vaccination in 6 days.

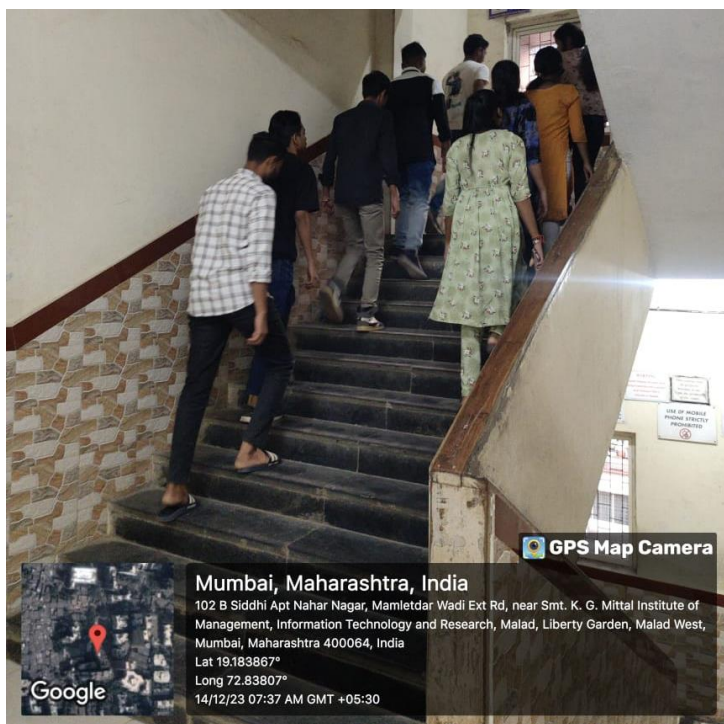
Total -4 (Male -2, Female -2)





67. Fit India Campaign (Yoga Activity) - On 14th December 2023, NSS Unit of our College had organised Activity under fit India campaign.

Total -19 (Male -7, Female -12)





68. Polio Vaccination Drive Day 6 (15th December 2023): NSS unit of our College participated in Government's National Polio Vaccination Program (Pulse Polio Immunization Programme) starting from 10th December 2023 till 15th December 2023.


Timing: 9:00 AM to 4:00 PM.

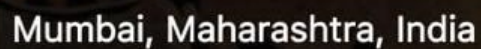
Participating volunteers were be given Rupees 95/- for each day as allowance as stated by BMC.

For this, volunteers attended Polio Vaccination Training Program.

NSS Volunteers has reached 2490 + houses for vaccination in 6 days.

Total - 4(Male -2, Female -2)

 **GPS Map Camera**



Shop No.4, P.M. Gangar Chawl, Mamletdarwadi Main Rd, Malad, Navy
Colony, Mamledarwadi, Malad West, Mumbai, Maharashtra 400064, India
Lat 19.18878°
Long 72.845637°
15/12/23 11:33 AM GMT +05:30

69. Certificate Distribution of Yoga Activity: On 20th December 2023, certificate distribution was done of Yoga activity organized to celebrate International Yoga Day by Patanjali Yog Samiti in which NSS volunteers of our College had participated enthusiastically.

Total - 3(Male -1, Female -2)





70. New Year Celebration with the inmates of Vimala Dermatological Centre: Indian Development Foundation has been organizing Christmas-New Year celebrations with in house patients and children. NSS volunteers of our college participated in this Citizens' Reach-out programme - "A New Year Celebration with the inmates of Vimala Dermatological Centre", Yari Road, Versova, Andheri (W), Mumbai on Saturday the **30th Dec.2023** at 4:30 PM.

Total - 8 (Male - 4, Female - 4)



INDIAN DEVELOPMENT FOUNDATION

इंडियन डेवलपमेंट फाउंडेशन

You Are Cordially Invited For

**A New Year Celebration With the
Inmates and Children of Vimala
Dermatological Centre.**

www.idf.org.in



Yari Road , Versova,
Andheri (W), Mumbai



Saturday
30th Dec.2023
@4:30 PM



IDF G



idf_india



@IDF_INDIA



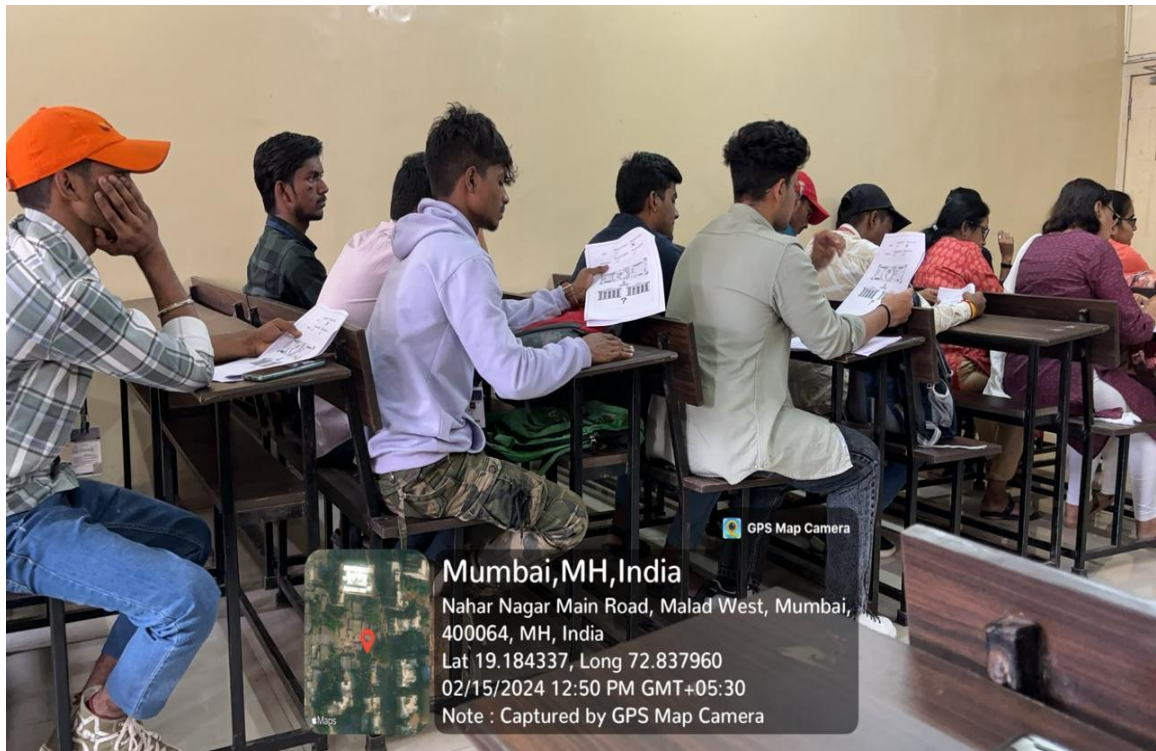
Indian Development Foundation



71. Value Added Course on || ज्योतिर्गमय ||: Vision of The BHAGAVAD GITA:

NSS volunteers have volunteered and participated in Research & Project Based Intercollegiate Value Added Course on || ज्योतिर्गमय ||: Vision of The BHAGAVAD GITA, A Step towards Indian Knowledge System under the Vision of NEP, 2020 organised by Student Council in Association with Research Cell and Student Development & Enrichment Cell of our college in the months of January and February 2024.

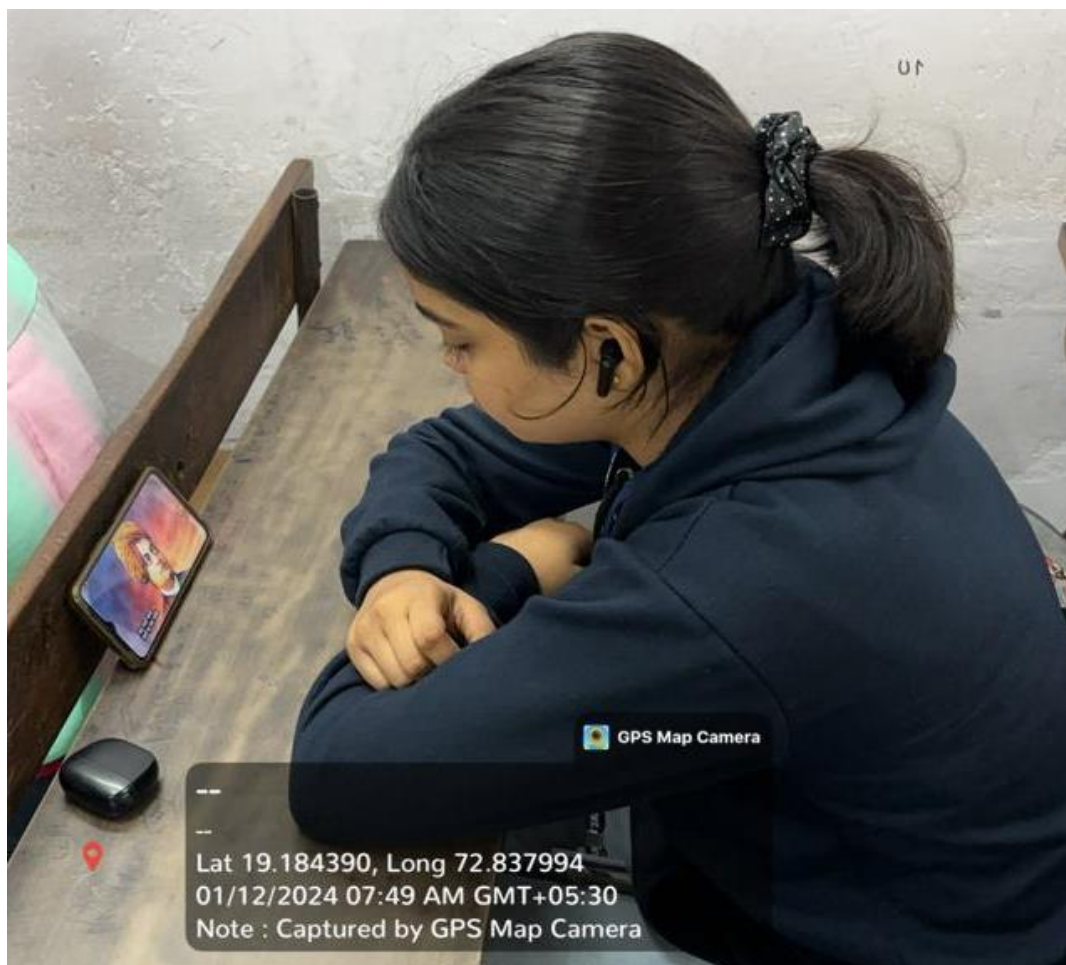
Total - 47 (Male - 18, Female - 29)





72. National Youth Day: On 12th January 2023, The NSS Unit of our College had organized an activity to celebrate National Youth Day. YouTube Video regarding the message of Swami Vivekananda to the mankind was shared and seen by the NSS volunteers. After watching the video, volunteers shared the learning from the video of Swami Vivekananda.

Total - 24(Male -1, Female -23)







73. Entrepreneurship & Rural Development Conclave (ERDC) 2024: Two NSS Programme Officers from our College had participated as delegates in One Day Entrepreneurship & Rural Development Conclave (ERDC) 2024 organised by Ministry of Youth Affairs and Sports at IIM Mumbai on **11th Feb 2024 Sunday**.

Total - 2 Programme Officers (Female - 2)



74. Motivational Session: NSS volunteers of our college participated in a motivational session on “How to improve Concentration while preparing for Competitive Examinations especially in the field of Law” organised by Department of Business Law and Student Development & Enrichment Cell of our College on **17th February 2024** (Saturday) at 10.00 a.m. in the College Auditorium.

Total: 76 (Male - 37, Female - 39)

SMT. K. G. MITTAL COLLEGE OF ARTS & COMMERCE

Department of Business Law and Student Development & Enrichment Cell

Motivational Session on

**"How to improve Concentration while preparing for
Competitive Examinations especially in the field of Law"**



Resource Person:

**Dr. Bhushan Kumar Upadhyay
Former Director General of Police and CG, HG
Indian Police Service, Maharashtra, 89 (Retd.)
Maharashtra**

Venue:

College 3rd Floor Auditorium



Date & Time:

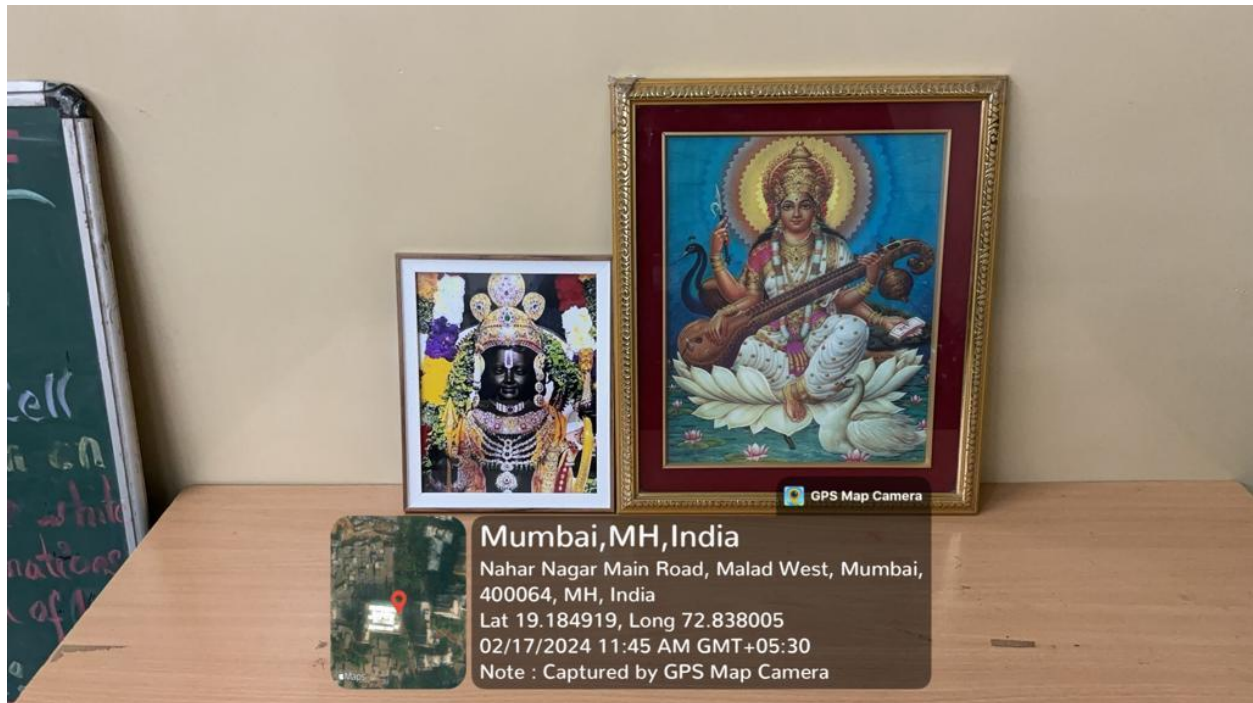
**17th February 2024 (Saturday)
10.00 a.m.**

**Dr. Sahasini B. Arya
Director**

**Dr. Shagun Srivastava
Principal**

**Ms. Nimmi Menon
Faculty
Dept. of Business Law**

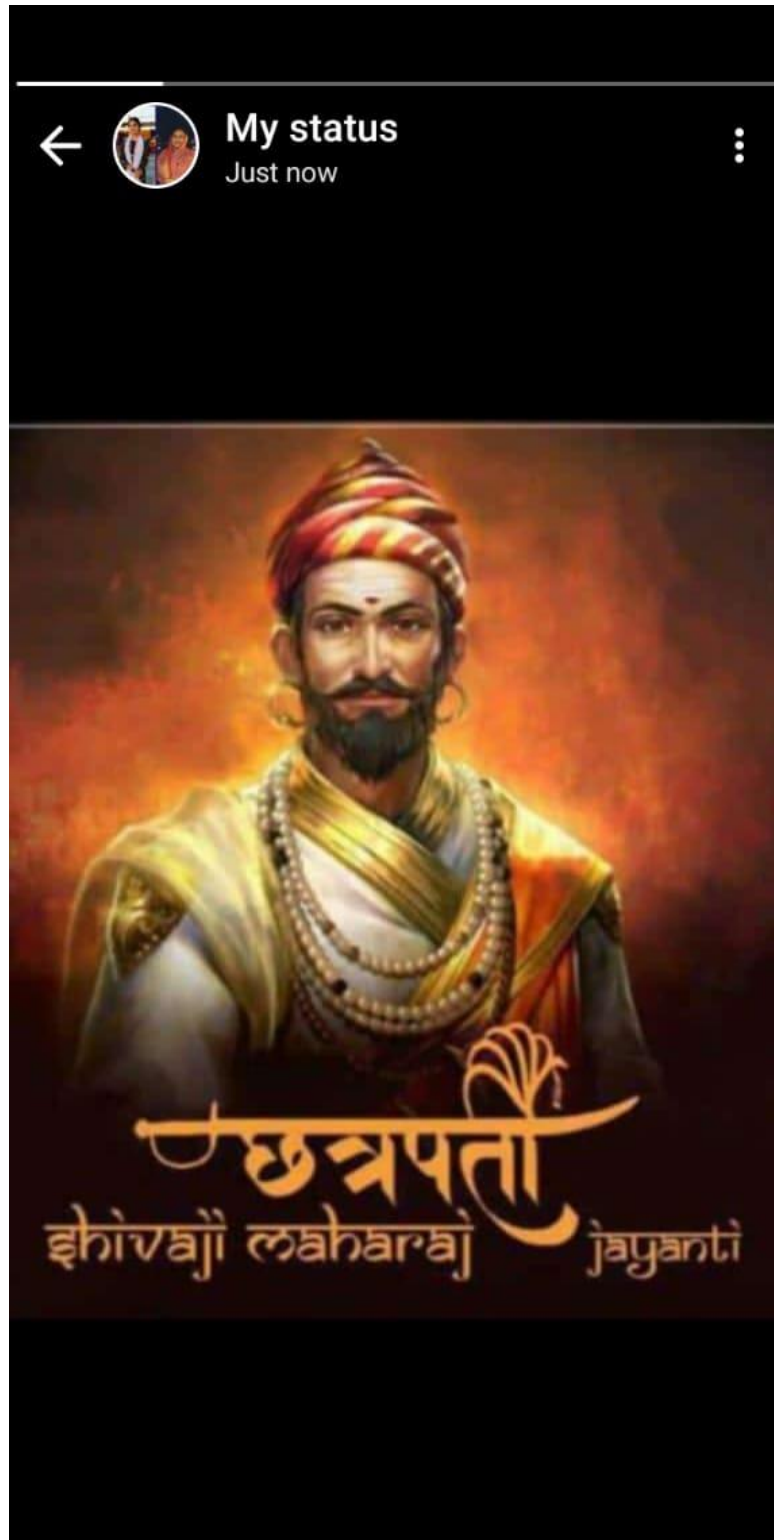
**Dr. Darshika Karia
Chairperson
SDEC**

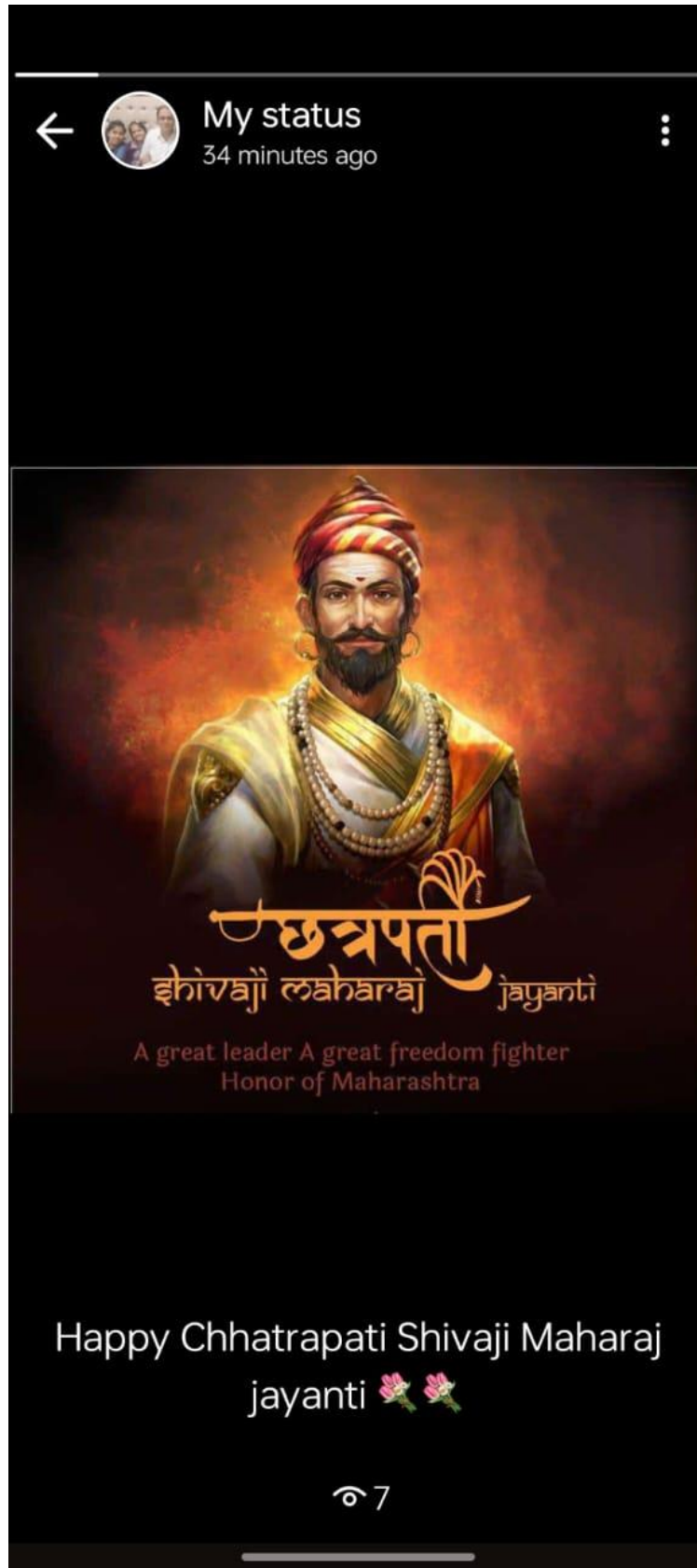




75. Chhatrapati Shivaji Maharaj Jayanti (College and Area Based): NSS Unit of our College had organised an activity wherein Chhatrapati Shivaji Maharaj's photo was kept as WhatsApp status and Chhatrapati Shivaji Maharaj Jayanti wishes were shared to friends, relatives and other society members through various social media platforms.

Total: 19 (Male -8 , Female -11)





76. Chhatrapati Shivaji Maharaj Jayanti (University Level): NSS volunteers of our College had participated in the activity organised by NSS Cell, University of Mumbai to celebrate Chhatrapati Shivaji Maharaj Jayanti at Convocation Hall, University of Mumbai, Fort on 20th February 2024.

Total: 5 (Male -1, Female -5)



77. Ek Bharat Shreshtha Bharat - On 27th February 2024, NSS Unit of College had organized Ek Bharat Shreshtha Bharat Activity in which Songs of different States and Culture were played by the students. Students were motivated to continue with the chain of slogans like “Unity in Diversity”, “Hum Sab Ek Hai” and “Ek Bharat Shreshtha Bharat”.

Total: 21 (Male - 11, Female - 10)





78. *Bhoomipoojan Ceremony for the Construction of the Centre for Avesta-Pahlavi Studies*: Bhoomipoojan Ceremony for the Construction of the Centre for Avesta-Pahlavi Studies by the hands of honorable **Smriti Irani ji** Minister of Women and Child Development of India and in presence of Deputy CM **Shri Devendra Fadnavisji** was done.

Date Tuesday, *March 5, 2024*

Time *11am*

Venue *Green Technology Auditorium* Kalina campus Santacruz East

Total: 11 (Male - 04, Female - 07)



79. Distribution of Stationery Products to needy people: On 6th March 2023, NSS students volunteered in distributing stationery products to needy people.

Total: 12 (Male - 05, Female - 07)



80. Distribution of Stationery Products to needy people: On 7th March 2023, NSS students volunteered in distributing stationery products to needy people.

Total: 12 (Male - 05, Female - 07)

81. Distribution of Stationery Products to needy people: On 9th March 2023, NSS students volunteered in distributing stationery products to needy people.

Total: 10 (Male - 04, Female - 06)



NSS SPECIAL CAMP:

Duration 7 Days, From 25/01/2024 to 31/01/2024

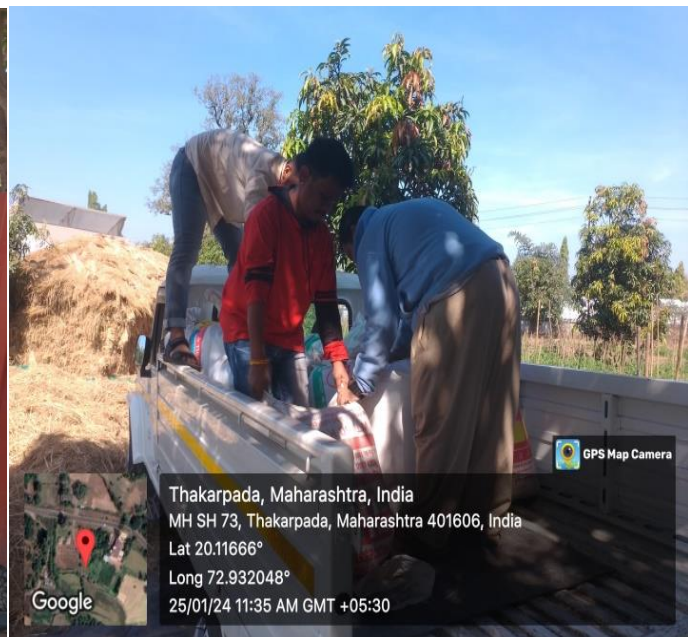
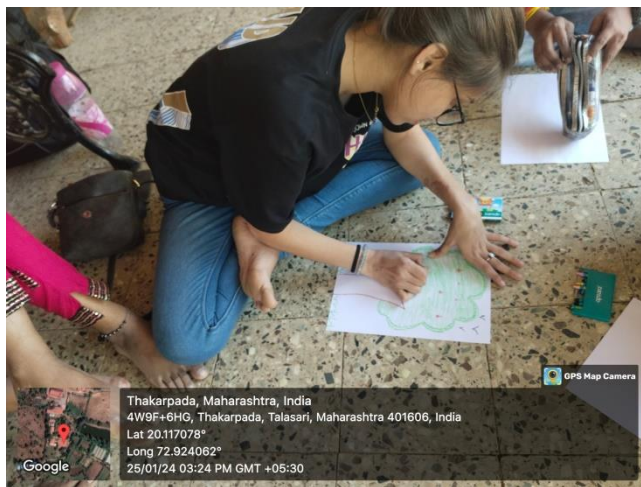
CAMP Site: Nilachal Vedic Village, Paraspada, Taluka: Talasari, District: Thane- 401 606

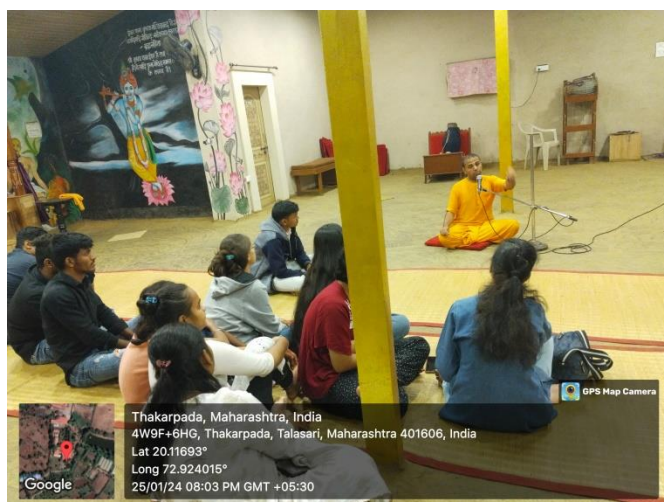
Male Participants – 7, Female Participants – 8, Total - 15

DAILY ACTIVITIES OF THE CAMP

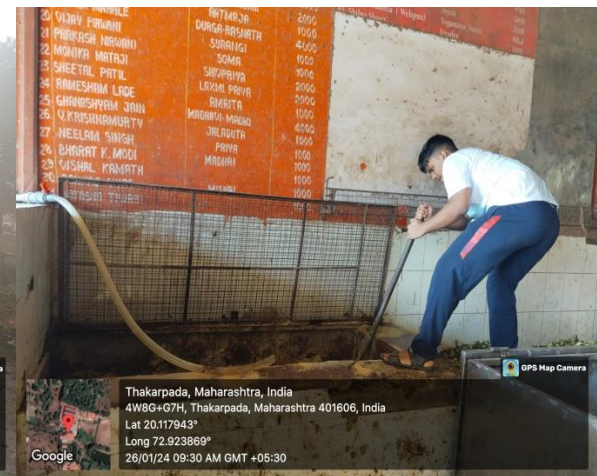
25th January 2024: DAY 1: Yoga Activity, Bamboo Cleaning Shramdaan Activity was done for making sheds, Shramdaan of moving grain (rice) sacks from farm to mill (including loading and unloading), Red Chilies Deseeding, Kitchen Activity, Drawing/ Painting Activity (Drawing and painting what is observed and learnt at camp site), Segregation of spoiled peanuts from consumable peanuts to be used for extracting Traditional Wood Pressed Oil, Visit to Farmland and Gaushala and knowledge sharing of functioning of Farmland and Gaushala, Story Telling Activity, Motivational Lecture on Importance of Human Life and Feedback Session.

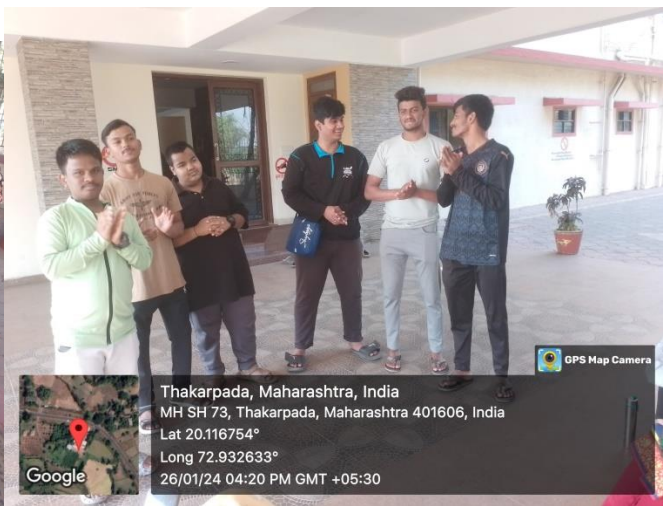
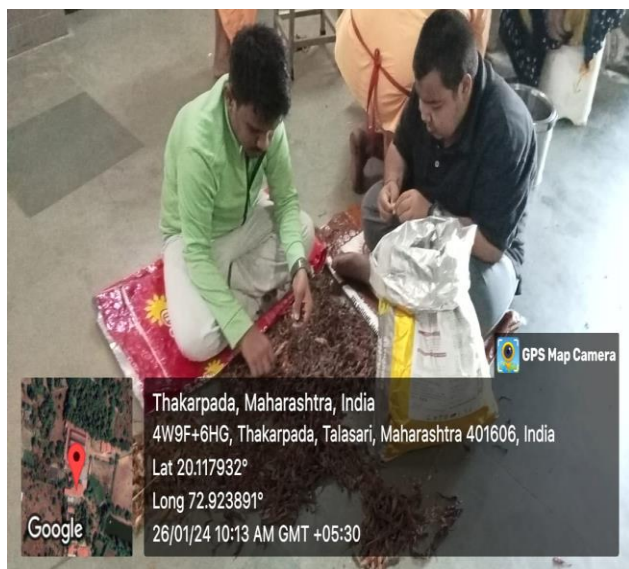






26th January 2024: DAY 2: Yoga Activity, Swachh Bharat Abhiyan Shramdaan Activity at Gaushala, Transferring Cow dung to Bio Gas Plant (Shramdaan Activity), Logistics of Cow Fodder (Shramdaan Activity), Segregation of spoiled peanuts from consumable peanuts to be used for extracting Traditional Wood Pressed Oil, Kitchen Activity, Street Play Preparation, Motivational Lecture on Significance of Concentration in Life and Feedback Session.





27th January 2024: DAY 3: Yoga Activity, Swachh Bharat Abhiyan Shramdaan Activity at Gaushala, Transferring Cow dung to Bio Gas Plant (Shramdaan Activity), Logistics of Cow Fodder (Shramdaan Activity), Kitchen Activity, Street Play Preparation, Memory Game, Segregation of spoiled peanuts from consumable peanuts to be used for extracting Traditional Wood Pressed Oil and Feedback Session.



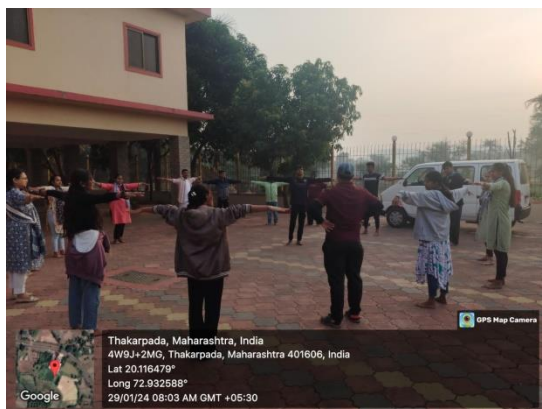


28th January 2024: DAY 4: Yoga Activity, Swachh Bharat Abhiyan Shramdaan Activity at Gaushala, Transferring Cow dung to Bio Gas Plant (Shramdaan Activity), Logistics of Cow Fodder (Shramdaan Activity), Kitchen Activity, Performance of Street Play, Concentration Game, Motivational Lecture on Importance of Spirituality in Life, Segregation of spoiled peanuts from consumable peanuts to be used for extracting Traditional Wood Pressed Oil and Feedback Session.





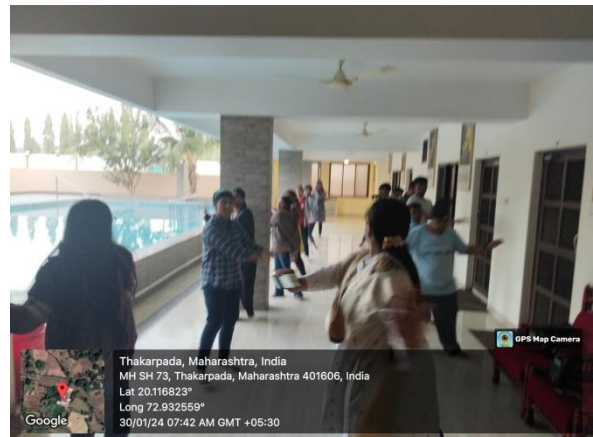
29th January 2024: DAY 5: Yoga Activity, Swachh Bharat Abhiyan Shramdaan Activity at Gaushala, Transferring Cow dung to Bio Gas Plant (Shramdaan Activity), Logistics of Cow Fodder (Shramdaan Activity), Kitchen Activity, Game on Moral Values, Spiritual Awareness Activity in Village Market Area, Distribution of Prasadam (Food) in the Market Area, Segregation of spoiled peanuts from consumable peanuts to be used for extracting Traditional Wood Pressed Oil, Feeding Cows, Lecture on Importance and various uses of Cow Dung, Gobar Gas Plant Cleaning (Shramdaan Activity), Helping in Cutting Grass (Shramdaan Activity) and Feedback Session.







30th January 2024: DAY 6: Yoga Activity, Swachh Bharat Abhiyan Shramdaan Activity at Gaushala, Transferring Cow dung to Bio Gas Plant (Shramdaan Activity), Logistics of Cow Fodder (Shramdaan Activity), Kitchen Activity, Entertainment Session, Distribution of Blankets to the needy in the Village, Segregation of spoiled peanuts from consumable peanuts to be used for extracting Traditional Wood Pressed Oil, Feeding Cows, Gobar Gas Plant Cleaning (Shramdaan Activity), Helping in Cutting Grass (Shramdaan Activity), Lecture on Importance of Spirituality in Life and Method of Controlling Mind, Swachh Bharat Abhiyan Shramdaan Activity at Temple in Camp Site, Director of our College Dr. Suhasini Arya Madam and Principal of our College Dr. Shagun Srivastava visited the Camp Site to motivate and appreciate the volunteers and Feedback Session.





31st January 2024: DAY 7: Swachh Bharat Abhiyan Shramdaan Activity of the Camp Site, Weeding Activity, Report Writing Activity, Feedback Session and Valedictory Session.



NSS Programme Officers

Dr. Darshika Karia

Dr. Navnita Megnani