

## **BEST PRACTICES**

### **BEST PRACTICE 1:**

**Title: "From the Corridors of Darkness to the Garden of Light"**

#### **Objectives:**

“Fill the brain with high thoughts, highest ideals, place them day and night before you, and out of that will come great work” – Swami Vivekananda

Our institution aims to instill values in our students to help them come out in flying colours in their life. Value education plays a significant role in the studies, as it can guide the students in the right direction away from irrelevant distractions.

#### **Context:**

In the current competitive world, erosion of basic values is rampant, corrupting the basic notion of human existence. Students are widely exposed to an ocean of combination of wanted and unwanted information, which the students find it difficult to distinguish. In this context, comes the relevance of our best practice.

#### **Practice:**

Instilling values in the students are of significance in the educational process, as it moulds their overall personality. In our institution, it is tirelessly undertaken by the teachers during the lectures generally and through the following activities under the auspices of various committees and departments specifically:

#### **a) Two Day International Conference on Higher Order Thinking Skills:**

Our institution successfully organized a two day international conference on Higher Order Thinking Skills: Unbridling HR Potential on 10th and 11th September 2018. Participants from diverse platforms like academics, industry, narts etc. participated and presented papers. An exhibition was also organized by our students highlighting the life and teaching of Swami Vivekananda.

#### **b) Installation of Solar Panels:**

The installation of solar panels meets the energy requirements of the institution, which also instills awareness among the students about the value of energy conservation.

#### **c) Session on importance of Yoga in daily life:**

On 21st June 2018, a session was organized to emphasize the significance of Yoga in the daily life on the occasion of International Yoga Day in which the students participated enthusiastically. Apart from this programme, it is also ensured that teachers take a regular brief session on Yoga before commencement of the lectures.

#### **d) Program on the importance of Guru in our life:**

On 27th July 2018, as a part of Guru Purnima celebrations, a program was organized for the students to realize and respect the role of Guru in life.

#### **e) One Day Workshop on Inner Confidence:**

A workshop was organized for the students by delegates from the Procter & Gamble on 23rd October 2018 to instill confidence among them. They were made to play games and attractive prizes were offered.

#### **f) Lecture on Eradicating Corruption:**

A lecture on “Eradicating Corruption – Build New India” was delivered by Mr. Balkrishna Kuniyal, Assistant Engineer from Delhi Metro Rail Corporation Ltd. on 30th October 2018 to create an awareness among the students about the ever rising issue of corruption in all fields.

#### **g) Lecture on Mind Management:**

On 29th June 2018, a lecture was conducted for the benefit of students on mind management by the Brahmakumaris Organisation in which stress management was dealt in detail.

#### **h) Lecture on Consumer Rights:**

Anguest lecture was delivered by our Alumni Ms. Sunita Kabade, practicing lawyer in High Court of Mumbai on the topic Consumer Rights on 13th Marchn2019 which was interesting and informative in the current competitive market structure.

**i) Lecture on Personality Development:**

A lecture was organized focusing on the personality development of students on 05th February 2019, in which Mr. Kaushal Kunal Kishore from Hindustan Times effectively convinced the students of various tips for the overall development of their personality.

**j) Lecture on Leading a Stress free Life:**

On 22nd February 2019, a lecture was delivered by Dr. Mona Mehta, Vice Principal, SFC, Nagindas Khandwala College in which she effortlessly communicated with the students the measures to get rid of stress from life and to lead a relaxed life.

**Evidence of Success:**

Noticeable changes in the behavioral patterns of students – Reduction in the number of complaints registered, Aggression level of the students have come down to a large extent, Number of unfair means practices followed in the examinations have considerably reduced  
Inquisitiveness and curiosity observed in the students regarding diverse moral aspects – Apart from the curriculum, the interaction between teachers and students on the moral values have increased positively • Students have published research papers on the related topics in the International Conference organized by the college

**Problems encountered and resources required:**

Since most of the students of our college belong to socially and economically underprivileged category, the time available for the participation in extracurricular activities is less as they earn and learn. Hence extra measures had to be adopted by the faculty members to convince them and ensure that maximum students avail the benefit of such morally inclined extracurricular activities organized by the college

## **BEST PRACTICE 2:**

### **Title: "Hand in hand: Reaching out to the Community"**

#### **Objectives:**

As rightly said by Rabindranatha Tagore, the highest education is that which merely does not give us information but makes our life in harmony with all existence. Our college believes in fulfilling our Institutional Social Responsibility through various activities for the benefit of the community as a whole.

#### **Context:**

Our college is located in midst of socially and economically underprivileged community, which brings in the picture both: opportunities and challenges. The college grabs the opportunity by undertaking a plethora of activities which leads to mutual benefit.

#### **This highlights the relevance of this best practice**

#### **Practice:**

Enhancing the welfare and well-being of the community has always been the prime motto of our institution. Keen interest has always been taken to upgrade the community through various activities organized under the auspices of various Committees. Our institution has adopted "Sawarsai" village in Pen district for last five years. We regularly visit the Adivasi school and our management has donated benches, carpets, notebooks, pens, office tables and chairs. Our NSS volunteers has also constructed "Bandhara" on the village river bank.

#### **a) Tree Plantation and Swachh Bharat Abhiyan:**

A visit was organized to our adopted village at Sawarsai Village in Pen Taluka on 04th July 2018 by the faculty and students for the purpose of planting trees in the village. Various cleanliness programmes were also undertaken in the village as a part of the visit.

#### **b) Narayan Seva Programme:**

Our institution is actively involved with the Narayan Seva Programme in which healthy and nutritious food is distributed to the economically and socially disadvantaged children. Programmes were organized on 08th July and 12th August 2018 in which games were organized and moral stories were also shared with the children.

**c) Pulse Polio Campaign:**

On 05th August 2018, students of our college assisted the Health Department officials in conducting pulse polio campaign meant to eradicate Polio disease.

**d) Sale of Rakhis:**

In an effort to help the differently abled children of Kakoomal and Keslibhai School, our students sold rakhis made by them in the college premises on 23rd August 2018 and the proceeds were given to that school.

**e) Control of traffic:**

Student of our institution actively assisted the Mumbai Traffic Police in controlling traffic on 23rd September 2018, as a part of Ganesh Visarjan celebrations.

**f) Beach Cleaning:**

On 24th September 2018, students of our institution undertook beach cleaning after Ganesh Visarjan celebrations as a part of instilling environmental consciousness.

**g) Free Health Check-up:**

Our students assisted in conducting a free health check-up for the neighbouring community on 23rd December 2018.

**h) Free Eye Check-up:**

In association with Bharathiya Vikas Parishad, students of our institution assisted in organizing a free eye check-up on 13th January 2019.

**Haldi Kumkum Milan:**

On 22nd January 2019 our institution organized Haldi Kumkum Milan for the ladies from the neighbouring community and for the female parents of students of our institution. Games were organized for them, along with Haldi kumkum programme.

**Evidence of Success:**

Improvement in the bonding between the college and the community  
Significant increase in the number of activities conducted in the adopted village –  
Sawarsai village, Pen District  
Diverse themes are being addressed by the college to develop a positive attitude of the community towards sensitive and relevant issues like tree plantation, cleanliness, help to the needy children etc  
Very often women from the neighbouring community approach the institution for assistance related to various public services. We are proud to guide them to the nearby associated institution for medical service, banking service and other public service.

Problems encountered and resources required:

Reaching out to the community was challenging owing to various factors. The community members are tied up with their own priorities and our team is also required to fulfill their academic commitments. This required more involvement and dedication from both the parties to achieve the planned objective. Still, the college takes pride in engaging with the community in the best possible manner.